

## TOPICS

SPRING ACCOMMODATION LETTERS  
SMU RESEARCH NEEDS YOU  
SNL MEETING  
ACADEMIC COACHING  
ADHD AND MARIJUANA  
STAND UP LD CONFERENCE

SNL MEETING  
2/7/2017 5PM  
ALEC 217

Join us for pizza and gearing up for the spring! *Get involved with outreach to Dallas elementary schools, DASS study nights at ALEC, and the Extra Mile faculty awards.*



## ACADEMIC COACHING



DASS offers free, one-on-one academic coaching for undergraduate students with LD/ADHD. During coaching meetings with a DASS staff member, you will build valuable skills in **time management, organization, and studying**. If you are interested in scheduling a coaching appointment, email Learning Specialist, David Tylicki at [dtylicki@smu.edu](mailto:dtylicki@smu.edu).

## ACCOMMODATION LETTERS FOR SPRING 2017

Don't forget to order your letters from DASS.

If you have never requested letters before, the process is simple.

Go to: <http://www.smu.edu/Provost/ALEC/DASS/DisabilityAccommodations/Forms/requestforletters>

Complete the short form and hit the submit button. Your letters will be ready in 2-3 days and you may pick them up in Candy's office 202M from 8:30-4:30.

Ideally, deliver letters to faculty within the first two weeks of school during office hours and discuss with them how the accommodations will be implemented. Don't forget to discuss how finals will be handled at that time, as well!



Letters must be requested every semester and delivered to your professor.

## SMU Research-We Need You!

SMU researchers are still conducting interviews with students with ADHD. *Please consider participating in this valuable study, which hopes to develop an intervention that will aid individuals with attention difficulties.* \$10 gift card for your time!



Please contact: Kaitlin Ostling 203-219-1842 [kostling@mail.smu.edu](mailto:kostling@mail.smu.edu)

Will ADHD symptoms improve with marijuana?

Some think the sedating effects of marijuana might alleviate hyperactivity and impulsivity, but there is no research supporting the claim that it is recommended to treat ADHD. *In fact, it impairs decision making, increases disorganization, can worsen depression, and is linked to lowering IQ.*



<http://www.chadd.org/Understanding-ADHD/About-ADHD/ADHD-Weekly-Archive/Newsletter-Article.aspx?id=73>

## STAND UP LD

Have you ever been in a huge room, full of people who...get it?! Imagine a day-long conference in Frisco, TX where everyone GETS dyslexia and learning differences. *It is happening on 2/25/17 and DASS encourages you to attend. DASS Learning Specialist, David Tylicki, will be presenting along with another SMU student, as well.* Check it out and go be inspired...or inspire someone

