

Altshuler Learning Enhancement Center

# **AccessAbility**

### **TOPICS**

- CAMPUS RESOURCES
- DISABILITY AWARENESS MONTH
- JOIN SNL

DASS

NEWSLETTER IDEAS

### **SNL**



Join SMU's

Students for New Learning to connect with other students LD or ADHD.

for more information.



Did you know DASS creates a newsletter for faculty here at SMU? What do you want faculty to know? Pass on ideas to Michelle Bufkin (mbufkin@smu.edu).

View past newsletters at <a href="http://smu.edu/alec/">http://smu.edu/alec/</a> dassfacultynewsletter.asp

### go mustangs!!

### Campus Resources

From time to time, we all get anxious or sad about things going on in our lives. Sometimes, however, a major event or an overwhelming number of "little" things happen, and these feelings become more than being stressed out or feeling down. It's important to remember that you don't have to go it alone! Several on-campus resources can help you work through these times.







SMU Counseling and Psychiatric Services

(CAPS) provides psychological and psychiatric evaluation and treatment. Services are confidential and free to students.

http://smu.edu/healthcenter/counseling/







#### Office of the DEAN of Student Life

Offers services to students experiencing emotional difficulties. Collaborates with faculty when students deal with emotions crises. http://smu.edu/studentlife/

## October is National Disability Awareness Month

Attend a free dyslexia simulation event, sponsored by the Dallas Branch of the International Dyslexia Association. 9/23/13, 6pm at Dallas Academy. Take your parent, roommate, boyfriend - anyone you want to better understand what it is like to deal with dyslexia. <a href="http://www.dbida.org/events.html">http://www.dbida.org/events.html</a>



Check out a recent article in The New York Times that says "A more precise definition of dyslexia would clearly identify the disabilities that go along with it, while recognizing the associated abilities as well. If the dyslexic community could popularize such a definition, then newly diagnosed dyslexics would realize that they, like everyone else, will face their futures with a range of strengths and weaknesses."

http://www.nytimes.com/2013/05/23/opinion/defining-my-own-dyslexia.html?\_r=0



Most everyone has unfortunately been touched by suicide. Please join the American Foundation for Suicide Prevention for the North Texas Walk on 10/5/13 on the Katy Trail.

http://afsp.donordrive.com/index.cf m?fuseaction=donorDrive.event&ev entID=2362