Disability Accommodations & Success Strategies

DASS Newsletter Vol 10 Issue 3 September 2017

Located in the A-LEC



TOPICS



- **EMPLOYABILITY JOB FAIR**
- DASS SCHOLARSHIP
- SNL
- **MASTERING A SUBJECT**
- **STUDENT APPS**

Students for New Learning

An organization for students with ADHD or LD, by students with ADHD and LD

Meeting: **Tuesday** September 19th 5:00 PM



pizza provided



2017 EmployAbility Job Fair:

Amazing Career Opportunities for Students with Disabilities! On September 27, over 50 employers, including AT&T, PepsiCo, Home Depot, Lockheed Martin, Bank of America, and



Southwest Airlines will be actively recruiting job seekers with disabilities at the 2017 EmployAbility Job Fair, held at the Sheraton Dallas Hotel. Participating companies are committed to diversifying their workforce, and most offer mentoring, job coaching, and competitive benefit packages for people with disabilities. Participants can also attend classes on job-hunt skills building, like interviewing techniques and dressing for success, as well as resumé reviews. Register to attend at: http://www.employabilitydallas.org.

Scholarship \$ available for DASS students



Students impacted by a disability often have additional expenditures for things such as medication, frequent office visits, assistive technology, or counseling. SMU makes two funds available for qualified students who apply for a small, one-time scholarship. If you would like to be considered, please send a 1 page essay explaining why you are deserving of this scholarship to alexat@smu.edu. Deadline to apply is 9/29/17. Priority is given to those who have never received Sutton or Harrison scholarship funds before, but all are encouraged to apply.

Apps for Every Student:

Looking for some ways to ignite your studying for exams? Check out these apps:

A Soft Murmur

A Soft Murmur is a unique phone app that plays ambient noise for one to relax, study or work to. It can play the sound of rain, thunder, waves and wind. It's even able to adjust the loudness of the sound to one's liking. A Soft Murmur is best used when trying to concentrate, while also relieve stress.

Cost: Free.



This app is an interesting take on the classic flashcard study method. While its conveniences of being on a phone instead of pen and paper are obvious, it also uses different methods to further grasp your concentration. You can download or create flashcards on any subject and offers games to mix it up. It connects to Quizlet but allows you to load the flashcards on your phone. Cost: \$3.99



Course Lectures are Incomplete Without Practice

"Teachers open the door, but you must enter by yourself."



Can you effectively, safely fly a plane or go scuba diving for the first time just by attending a lecture about it? Chances are, no. The material in your course lectures is no different. They are the foundation of college learning, but studies suggest that the average college student only retains about 5% of what they hear in a lecture. Thus, attending class, listening, and taking notes is just the beginning.

At the college level, it's not the instructor's job to make the lecture exciting, or even organized you have that responsibility now. Re-reading your notes is a good start, but according to the research, this only increases recall to about 10-15% of the total.

Watching videos, demonstrations of the topic, and participating in study groups help, but to get up to 90% recall, you have to practice the material regularly, use it, and teach it. If you can teach the course material to another person, chances are, you've got it. Even if you don't have a study buddy, you can still test yourself. Make your own test in the instructor's style, and then take it. Create these learning opportunities for yourself, beyond the lecture. Practice and master the material, not just remember it.

David Tylicki, Academic Coach