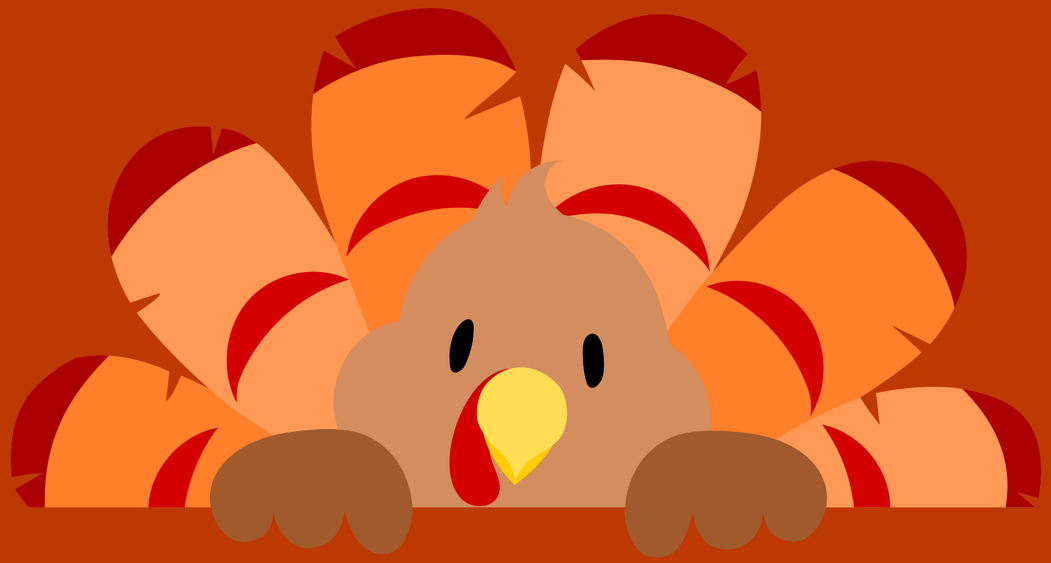
SMU
CAMPUS RECREATION

GROUP FITNESS

Thanksgiving Break
11/23-11/27

MON	**Yoga** 12:10-12:55 Tida *Studio 3*	**Body Sculpt** 5:15pm - 6:00pm Meagan *Studio 2*	**Mat Pilates** 6:00pm - 6:45pm Grace *Studio 3*
TUE			
WED			
THUR			
FRI			

<<<Classes are Free, register to save your spot!



Cycle Room - Previously classroom 4, upper level north side of the track

Studio 1 - Lower level, North end of the weight room behind the glass wall

Studio 3 - Upper Level, West side directly next to the track

Small Group Training Room - Lower level, next to the rock wall and vending machines

Studio 2- Main Level, West side of the basket ball courts



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Follow on us IG at smucampusrec for more!