

Laura Robinson – Doyle, PhD

Email: laurar@smu.edu

Education

PhD, Health Studies

Texas Woman's University, Denton, Tx

December 2022

Specialization: Population Health

Dissertation Title: Using Experiential Education to Explore Changes in Students' Perceptions Towards Those Experiencing Poverty and Food Insecurity.

Advisor: Carolyn Moore, RDN, PhD

MS, Counseling and Human Development

Texas Woman's University, Denton, Tx (CACREP accredited)

May 2011

Specialization: Addiction, Student Development

MS, Kinesiology

Texas Christian University, Fort Worth, Tx

Jan 2008-09

Concentration: Exercise Physiology – 18 hours completed

BS, Kinesiology

Texas Christian University, Fort Worth, Tx

December 2007

Concentration: Health and Fitness

Massage Therapy

Texas Massage Institute, Haltom City, Tx

May 2001

Licensed Massage Therapist: #MT031624

Professional Experience

Southern Methodist University, Dallas, Texas

2025 - present

Clinical Associate Professor, Department of Applied Physiology and Sport Management (APSM)

Clinical Assistant Professor, Department of Applied Physiology and Sport Management (APSM)

2023 – 2025

Lecturer, Department of Applied Physiology and Sport Management (APSM)

2015 - 2022

United States Army

2011 - 2015

Department of Defense/Department of Energy

III Corps, Fort Hood, Tx.

United States Army Public Health Command

Director of Operational Fitness

Oak Ridge Institute for Science and Education Belcamp, Maryland

2011 - 2015

Post Graduate Research Fellow

University of Texas at Austin, Austin, Texas

Drug and Alcohol Educator

2010-2011

Drug and Alcohol Counselor

Texas Christian University, Fort Worth, Texas

2007-2009

Research Assistant, Department of Kinesiology

Areas of Expertise

- Public Health
- Food In/Security (College students, marginalized populations)
- Health Disparities (College students, marginalized populations)
- Native American Population (Indigenous Food Access and Sustainability)
- Poverty
- Homelessness
- Community Health Programming
- Community Engagement
- Physical In/Activity

Certifications

Cornell University <i>Whole Food Plant-Based Nutrition</i>	2016 – present
National Wellness Institute <i>Certified Wellness Practitioner: #32563905</i>	2014 – present

Professional Association Memberships

- American Public Health Association (APHA)

Professional Speaking Engagements

Home Is a Journey, Homeless Awareness March, Invited Speaker	November 2025
Prophets at the Margins: <i>Faith, Housing, and the Fight for Dignity</i> , Moderator Cooper Peace and Justice Lecture	November 2025
Place-Based Community Engagement Symposium, Invited speaker Talk Title: <i>Community First: Elevating Voices and Redefining Expertise Beyond the Degree</i>	October 2024
Taos Community Lecture, <i>Keynote Speaker</i> Talk Title: <i>Empowering Change: Strengthening Academia & Advocacy through Community Partnerships.</i>	August 2024
“Home is a Journey” Symposium Panelist, Session title: <i>The Role of Higher Education in Creating a Social Consequence Classroom.</i>	November 2023

University & Department Service

- Annette Caldwell Simmons School of Education and Human Development
NTT Promotion Committee, *Member* **November 2025 - present**
- Annette Caldwell Simmons School of Education and Human Development
Dean's search committee, *Member* **August 2025 - present**
- Board of Trustees – SMU Athletics Committee – *Faculty Representative* **August 2025 - present**
- Undergraduate Research Steering Committee, *Member* **August 2025 - present**
- University Basic Needs Advisory Council, *Member* **July 2024 – present**
- SMU-in-Four – Advising Pillar, *Member* **July 2024 – present**
- Social Change and Intercultural Engagement (SCIE)
Connect Faculty Member – Armstrong Commons **Aug 2023 – present**
- Faculty Senate, Academic Policy Committee, *Member* **Aug 2023 – present**
- Faculty Athletics Admissions Committee (FAAS), *Full Committee Member* **Aug 2023 – present**
- Fellowship of Christian Athletes (FCA) Southern Methodist University,
Faculty Advisor **Aug 2021 - present**
- *Prophets at the Margins: Faith, Housing, and the Fight for Dignity*
Cooper Peace and Justice Lecture, *Creator* **November, 2025**
- SMU-in -Taos, Taos NM, *Faculty Liaison* **August 2024**
- Department of Applied Physiology and Sport Management,
Clinical Associate Professor search committee, *Member* **Fall 2023-Spring 2024**
- Home is a Journey" (homeless advocacy) Symposium, *Creator; Organizer* **November 2023**
- Applied Physiology and Sport Management,
Faculty Workload Policy Committee, *Member* **Fall 2021-Spring 2022**
- Council for the Advancement of Standards of Higher Education (CAS)
Collegiate Recreation Programs Accreditation Committee, *Member* **Fall 2019 – Spring 2020**
- Community Engagement & Leadership Center, *Faculty Advisor*,
Alternative Breaks, Initiative: Food as Medicine. New York, NY **Spring 2018**
- Community Engagement & Leadership Center, *Faculty*
Advisor; Alternative Breaks, Initiative: *Breaking the Domino Effect of Poverty*. **Fall 2017**
- Southern Methodist University, *Member* **Fall 2015 – Spring 2016**
SACSCOC Fifth-year report committee – 2.8 Faculty

Professional Service

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| • <i>Lead Governing Councilor</i> (WHIP), American Public Health, Food and Nutrition Section | 2022 – present |
| • <i>Manuscript Reviewer</i> , Journal of Kinesiology and Wellness | 2019 – present |
| • <i>Abstract reviewer</i> , American Public Health Association Annual Meeting | 2017 – present |
| • <i>Governing Councilor</i> , American Public Health Association – Food and Nutrition Section | 2021 - 2022 |
| • <i>Treasurer</i> , American Public Health, Food and Nutrition Section | 2020 – 2021 |
| • <i>Editorial Board Member</i> , Journal of Kinesiology and Wellness | 2018-2024 |

Teaching

Undergraduate Courses Taught	Course No.
The Taos Experience: Sustainability	KNW 2199
Anatomy for Movement	APSM 3300
Communication in Sport	APSM 3315
Functional Biomechanics	APSM 3322
Nutrition	APSM 3351
Cultural Intelligence in Sport and Health	APSM 3371
Motor Learning	APSM 4350
Exercise Program Design	APSM 5370/4385
Public/Population Health Courses	
Health Promotion Practice	
Nutrition for Population Health	APSM 3343
Health Care Policy and Practice	APSM 3360
	APSM 4349
Honors College Courses	
Health Promotion Practice	APSM 3343
Nutrition and Population Health	APSM 3360
Graduate Courses Taught	
Health Behavior Theory	HPM 6303

Awards

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| Outstanding Faculty for Community Engagement and Social Change, Southern Methodist University, Office of Social Change and Intercultural Engagement | April 2024 |
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Funding

Annette Simmons School of Education and Human Development, Performance Based funding for project titled, Exercise is Medicine on Campus (EIM) Co-PI, \$30,286	2024-2025
Annette Simmons School of Education and Human Development, Performance Based funding for project titled, SMU Basic Needs Study, PI, \$7,714	2024-2025
Deadman College Research Grant, PI, SMU Basic Needs Project \$3,000	2024 - 2025
Dedman College Interdisciplinary Institute (DCII), Perceptions of Us/We are all Homeless research cluster, PI \$6,700	2024 - 2025
Dedman College Interdisciplinary Institute (DCII), Exercise is Medicine research cluster, Co-PI \$ 7,000	2024 - 2025
Dedman College Interdisciplinary Institute (DCII), Perceptions of Us/We are all Homeless research cluster, PI \$4,000	2023 - 2024
Dedman College Interdisciplinary Institute (DCII), Exercise is Medicine research cluster, Co-PI \$4,000	2023 - 2024
Swipe Out Hunger, Campus Swipe Out Grant, \$3,000	2023 – 2024

Scholarship

Publications

Robinson-Doyle, L. (2022). Using experiential education to explore changes in students' perceptions toward those experiencing poverty and food insecurity (Doctoral dissertation). Open Access.

Presentations

National Presentations

Roseberry, M., **Robinson-Doyle, L.** Food Sovereignty, Taos Pueblo Blue Corn, A Demonstration of Growing Seed, Planting, and Preparing Menu Items for USDA Programs. National Farm to Cafeteria Conference, Albuquerque, NM – Dec 2025

Robinson-Doyle, L., Abt, K. Bridging Isolation Through Movement: A Place-Based Model for Health Equity and Social Connection Among Older Adults. Place-Based Community Engagement Symposium, Dallas Tx - Nov 2025

Robinson-Doyle, L. Shifting Perceptions of Poverty: The Impact of Immersive Education on Undergraduate Understanding of Food and Housing Insecurity. American Public Health Association Annual Meeting, Washington DC – Nov 2025

Robinson-Doyle, L. The Privilege Gap: Demographic Disparities in Food, Housing, and Academic Outcomes at a Private University. American Public Health Association Annual Meeting, Washington DC – Nov 2025

Robinson-Doyle, L. Community First: Elevating Voices and Redefining Expertise Beyond the Degree. Place-Based Community Engagement Symposium, Dallas, Tx - Oct 2024

Robinson-Doyle, L. Empowering Change: Strengthening Academia & Advocacy through Community Partnerships. Taos Community Lecture, Taos, NM – Aug 2024

Phillips, M.D., D.J. Cheek, J.B. Mitchell, R.M. Patrizi, **L. Quigg**, L.K. Stewart, T.M. Henagan. Resistance training decreases C-reactive protein without changing inflammatory cytokines or body mass index. American College of Sports Medicine Annual Meeting, Seattle, WA – May 2009

Rodgers M.M, Hubing K.A, **Quigg L.R**, Bassett J.T, Quebedeaux L.P, Patrizi R.M, Byrd K.L, Upton D.E, and Mitchell J.B. Fatigue During High Intensity Exercise: The Interaction Between pH and Thermal Stress. Annual meeting of the American College of Sports Medicine, Indianapolis 2008

Quigg L.R., Quebedeaux L.P, Mitchell J.B, and Upton D.E. The Effects of Two Concurrent Training Programs with Different Inter-Session Recovery on Muscular Strength. Annual meeting of the American College of Sports Medicine, Indianapolis 2008

Hubing K.A, Rodgers M.M, **Quigg L.R**, Bassett J.T, Quebedeaux L.P, Patrizi R.M, Byrd K.L, and Mitchell J.B. The Relationship Between Lactate, pH, and Bicarbonate Levels During Maximal Graded Exercise. Annual meeting of the American College of Sports Medicine, Indianapolis 2008.

Refereed Articles

Hubing, K.A., J.T. Bassett, **L.R.Quigg**, M.D. Phillips, J.J. Barbee, and J.B. Mitchell. Exercise-associated Hyponatremia: The Effects of Carbohydrate and Hydration Status on IL-6, ADH, and Sodium Concentrations. *European J.of Applied Physiology*, 111: 797-807, 2011

Refereed Abstracts

Robinson-Doyle, L (2024). Exposure to homelessness: The impact of academic/community partnerships on influencing undergraduates' perceptions of homelessness. APHA's 2024 Annual Meeting & Expo (Oct 27-30, Minneapolis, Minn.)

Robinson-Doyle, L (2023). Student Exposure to Poverty: Impact of Academic Partnerships on Undergraduates' Perceptions at a Private Elite University. APHA's 2023 Annual Meeting & Expo (Nov.12- 15, Atlanta, GA).

Robinson-Doyle, L (2023). Falling Through the Cracks: The Hidden Food Insecurity Struggle at Private Elite Universities. APHA's 2023 Annual Meeting & Expo (Nov.12- 15, Atlanta, GA).

Rogers, M.M., K.A. Hubing, **L.R. Quigg**, J.T. Bassett, L.P. Quebedeaux, R.M. Patrizi, K.L. Byrd, D.E. Upton, M.D. Phillips, J.B. Mitchell. Fatigue during high intensity exercise: the interaction between pH and thermal stress. *Med. Sci. Sports Exerc. Suppl.* 40(5): S368, 2008

Phillips, M.D., D.J. Cheek, J.B. Mitchell, R.M. Patrizi, **L. Quigg**, L.K. Stewart, T.M. Henagan. Resistance training decreases C-reactive protein without changing inflammatory cytokines or body mass index. *Med. Sci. Sports Exerc. Suppl.* 41(5): S267, 2009

Manuscripts in Process

Robinson-Doyle, L (2024). Student Exposure to Poverty: Impact of Academic Partnerships on Undergraduates' Perceptions at a Private University.

Robinson-Doyle, L (2024). Falling Through the Cracks: The Hidden Food Insecurity Struggle at Private Universities.

Professional Consulting

Consultant, Kaufman County Homeless Coalition	2025 - present
Evaluation and feedback of the impact of farm to school lunch program and the use of community gardens in Taos, NM. USDA grant oversight by AIRE and Growing Communities Now.	2021 – present
Consultant, Medical City Dallas: assessing food insecurity within youth.	2019 – 2020
Consultant, Taos Farm to School grant. New Mexico Public Education Department Student Success and Wellness Bureau.	2019 – 2020
Consultant, Taos County Farm – to – School Collaborative Grant. Agriculture, Implementation, Research & Education (A.I.R.E.).	2018 – 2019
Consultant, Taos Community Foundation Grant. “Growing Communities Now.”	2018 – 2019
Consultant, Taos Farm to School grant. USDA Farm to school grant.	2018 – 2019