

CURRICULUM VITAE  
**Bradley (BJ) Warren**

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**STRENGTHS**

An accomplished educator and coach who brings drive, discipline, and leadership to academic environments with the ability to motivate students in and out of the classroom. Proven ability to build cohesive teams, establish instant rapport, and assess student needs and learning styles to comprehensively deliver subject material.

**CORE COMPETENCIES**

- Curriculum Development
- Tutoring/Mentoring
- Adaptive Teaching Style
- Elite Level Coaching
- Multisport Specialist/Expert
- Public Speaking and Media Interviews

**EDUCATION**

- Ph.D., 2021, Health Studies with emphasis in Higher Education, Texas Women's University, Dissertation: THE INFLUENCE OF SOCIAL SUPPORT ON FEMALE EXERCISE SELF-EFFICACY IN A COLLEGE HEALTH-RELATED FITNESS COURSE
- M.S., 2000, Athletic Coaching Education, West Virginia University
- B.S., 1998, Education, Secondary Education Teaching Certificate: Health Education and Physical Education, Texas Christian University

**PUBLICATIONS**

1. **Warren, B. J., & Odenheimer-Brin, E.** (2017). Advancing the physical activity curriculum at the collegiate level, *Health Education*, 117(4), 372-381.
2. **Warren, B. J.** (2016). Technique and training: Thoughts on kicking. *National Interscholastic Swimming Coaches Association (NISCA) Journal*, May/June 2016, 28-30.

**PROFESSIONAL PRESENTATIONS**

**Lecture Presentations**

1. **Warren, B. J., & Rudich, M.** (2018, December). *Collegiate programming for student empowerment through physical activity*. Lecture presentation at the 94<sup>th</sup> Texas Alliance for Health, Physical Education, Recreation and Dance Conference, Galveston, Texas
2. **Warren, B. J., & Rudich, M.** (2017, December). *Curriculum development for positive student fitness outcomes*. Lecture presentation at the 93<sup>rd</sup> Texas Alliance for Health, Physical Education, Recreation and Dance Conference, Fort Worth, Texas.

3. **Warren, B J.** (2017, February). *The impact of goal setting and instructional methodology on student learning and fitness outcomes.* Lecture presentation at the Southern Methodist University Department of Applied Physiology and Wellness Research on Exercise and Wellness Colloquium Series, Dallas, Texas.

### **Poster Presentations**

1. **Warren, B. J.** (2017, June). *The impact of curriculum and goal setting with college students fitness levels.* Poster presented at the 42<sup>nd</sup> annual National Wellness Conference, St. Paul, MN.
2. Canivel, R., Rudich, M., & **Warren, B. J.** (2017, June). *The effect of aerobic and resistance training exercise on blood pressure response in college aged students.* Poster presented at American College of Sports Medicine National Conference, Denver, CO.
3. McAlexander, K. P., **Warren, B. J.**, & Gober, D. (2013, December). *Impact of a personal responsibility and wellness curriculum on student health-related fitness.* Poster presented at the 89<sup>th</sup> Texas Alliance for Health, Physical Education, Recreation and Dance Conference, Dallas, TX.
4. **Warren, B. J.**, McAlexander, K. P., & Knapp, M. (2013, July). *Impact of personal wellness and responsibility pilot curriculum on student body composition.* Poster presented at the 38<sup>nd</sup> annual National Wellness Conference, Stevens Point, WI.

### **LICENSURES AND CERTIFICATIONS**

1. Quality Matters Online Instructor Certified (April 2022)
2. ASCA Level 4 Swimming Coach, American Swimming Coach Association. (January 2006 - Present).
3. ASCA Level 3 Certified Swimming Coach, American Swimming Coaches Association. (February 2003 - Present).
4. ASCA Level 1 and 2 Certified Swimming Coach, American Swimming Coaches Association. (February 2000 - Present).
5. State of Texas Teacher Certification (Physical Education and Health Education), State of Texas. (May 1998 - Present).
6. American Heart Association Instructor for CPR and First Aid (2004 - 2012).
7. Certified Pool Operator (2004 - 2009).
8. NCAA Compliance Exam – certified (1999 - 2000).

### **Professional Memberships**

1. Society of Public Health Education. (January 2016 - Present).
2. Texas Association for Health, Physical Education, Recreation & Dance (TAHPERD) (August 2013 – present).
3. National Interscholastic Swim Coaches Association. (November 2014 - Present).
4. American Swimming Coaches Association. (August 1998 - Present).

### **Awards and Honors**

1. Faculty Night Honoree – SMU Women’s Basketball Team, December 2024
2. Guest Coach Program – SMU Football, October 2024
3. Faculty Night Honoree – SMU Women’s Basketball Team, December 2023
4. Honoring Our Professors’ Excellence (HOPE) Teaching Award nominee, Spring Semester 2023
5. Alpha Chi Omega Sorority Professor Appreciation, Fall Semester 2022
6. Southern Methodist University Service House Faculty Honoree, Spring Semester 2019
7. Faculty Appreciation Dinner (by invitation) (March, 2017; April 2018) (Southern Methodist University)
8. Sigma Pi Alpha – National Honor and Leadership Society (Texas Women’s University) commission. (December, 2016).
9. Graduate with Master’s Degree 4.0 grade point average (August, 2000)

### **Grants**

1. Just in Time Teaching Technology Grant, Spring Semester 2024
2. Just in Time Teaching Technology Grants, Spring Semester 2023

### **COMMITTEE SERVICE**

#### **State Level**

1. Past-chair, Assessment and Evaluation committee, Texas Association of Health, Physical Education, Recreation, and Dance, 2019-2020.
2. Chair, Assessment and Evaluation committee, Texas Association of Health, Physical Education, Recreation, and Dance, 2018-2019.
3. Chair-elect, Assessment and Evaluation committee, Texas Association of Health, Physical Education, Recreation, and Dance, 2017-2018.
4. Member, General Education committee, Texas Association of Health, Physical Education, Recreation, and Dance, 2019.
5. Member, Health Education Development committee, Texas Association of Health, Physical Education, Recreation, and Dance, 2019.
6. Presentation Reviewer for Texas Alliance of Health, Physical Education, Recreation, and Dance, 2019

#### **University Service**

1. SMU chapter advisor for the National Society of Collegiate Scholars (December 2024 – present)
2. SMU Power Lifting Club Faculty Sponsor (September 2021 – Present)
3. CTE Student-Athlete Teaching Strategies Symposium (December 2023)
4. ALEC Panel Member (Spring 2023)
5. SMU Student Wellness Champions Faculty Affiliate (Spring 2021 – Fall 2022)
6. Sophomore Project faculty affiliate (Fall 2021)
7. Attendee, Graduation. (May 2013 - Present)
8. Faculty Mentor, Discover Dallas. (August, 2016)
9. Faculty Mentor, Discover Dallas. (August, 2015)

### **School Service**

1. Faculty Advisory Committee (2025-2026 school year)
2. Simmons Open House volunteer and faculty representative (2025)

### **Department Service**

1. Technological Advances in Society (TAS) curriculum tag (Fall 2025)
2. Success Fest faculty representative (Fall 2025)
3. Hilltop Hustle 5K Volunteer (Exercise is Medicine, Fall 2025)
4. Applied Physiology and Sport Management (APSM) Chair Search Committee (Spring 2025)
5. Exercise is Medicine 5K Volunteer (Fall 2024)
6. Pro Bono Independent Study for student to build portfolio and gain coaching experience (Fall 2023)
7. Personal Responsibility and Wellness (PRW) Faculty Search Committee (Spring 2022)
8. Applied Physiology and Wellness Service Recommendations Committee (Fall 2020)
9. Personal Responsibility and Wellness II Curriculum Development Co-Chair (February, 2019 – May 2019)
10. Personal Responsibility and Wellness II Co-Chair (August, 2017 – current)
11. Personal Responsibility and Wellness II Chair (August, 2014 – May, 2017)
12. Personal Responsibility and Wellness II Research Chair (September, 2013 – May 2021)
13. Social Media Committee member (September, 2014 – May 2023)
14. Alcohol and Drug curriculum development chair (August, 2017 – October, 2017)
15. American Heart Association (SMU Applied Physiology and Wellness) member (Sept, 2014 - 2016)
16. Relay for Life (SMU Applied Physiology and Wellness) member (April 2015 – 2018)

### **PROFESSIONAL PUBLIC SERVICE**

1. Mentor for teacher/coach at Creekview High School (September 2021 – Present).
2. Member, Lewisville Independent School District, School Health Advisory Council, Secondary Level (September 2021 – Present)
3. Member, Lewisville Independent School District, Food Service Management Company (FSMC) Advisory Committee, District Level (September 2024 – Present)
4. Lewisville Education Foundation scholarship reviewer (Spring 2023)
5. Flower Mound Boys Soccer Public Announcer (2022 – 2024)
6. Mentor for first year teacher/coach at Grand Prairie High School (2020 – 2021 academic school year).
7. Editorial Activities
  - Peer review for 21<sup>st</sup> Century Wellness by Perceivant, 2019
  - Reviewed article for *Health Education*, 2016
8. Conference Presentation Review
  - Presentation Reviewer for *National Wellness Conference* (reviewed 15 proposals), 2017
9. Invited Guest Presentations
  - Paschal High School (November, 2017). *High school preparation for swimming in college*. Paschal Swim Team. Ft. Worth, Texas.
10. Member the of Health Education Advisory Committee for Lewisville ISD (2013 – 2014)

### **COURSES TAUGHT IN HIGHER EDUCATION**

APSM 2340: Coaching and Leadership (Southern Methodist University)

APSM 3333: Coaching Team Sports (Southern Methodist University)

APSM 4370: Coaching Seminar: Special Topics (Southern Methodist University)

APSM 4380: Technology and Sport (Southern Methodist University)

APSM 4390: Experimental Learning Lab (Southern Methodist University)

HDEV 1210: Academic Success (Southern Methodist University)

PRW 1101 PRW1: Concepts of Wellness (Southern Methodist University)

PRW 2102 PRW2: Jogging (Southern Methodist University)

PRW 2105 PRW2: Weight Training (Southern Methodist University)

PRW 2106 PRW2: Weight Training for Women (Southern Methodist University)

PRW 2110 PRW2: Individual Fitness (Southern Methodist University)

PRW 2133 PRW2: Racquetball I (Southern Methodist University)

PRW 2140 PRW2: Intermediate Swimming (Southern Methodist University)

PRW 2161 PRW2: Basketball (Southern Methodist University)

PRW 2135 PRW2: Mountain Sports (Southern Methodist University)

PRW 2190 PRW2: Physical Fitness for Student Athletes (Southern Methodist University)

WELL 2132 CHOICES II: Racquetball I (Southern Methodist University)

WELL 2135 CHOICES II: Table Tennis (Southern Methodist University)

WELL 2141 CHOICES II: Intermediate Swimming (Southern Methodist University)

PHED 1100 Beginning Weight Training (Collin College)

PHED 1111 Basketball (Collin College)

PHED 1120 Beginning Racquetball (Collin College)

PHED 1121 Intermediate Racquetball (Collin College)

PHED 1304 Personal and Community Health (Collin College)

PE 1 Badminton (West Virginia University)

PE 52 Racquetball (West Virginia University)

PE 64 Weight Training (West Virginia University)

PE 73 Beginning Swimming (West Virginia University)

PE 74 Intermediate Swimming (West Virginia University)

PE 82 Bowling (West Virginia University)

## **TEACHING RELATED PROGRAM DEVELOPMENT ACTIVITIES**

### **EDUCATIONAL EMPLOYMENT**

#### **Higher Education**

**Southern Methodist University, Dallas, TX**

**Clinical Assistant Professor**

June 2025 – present

**Lecturer**

January 2013 – June 2025

**Collin College, Plano and Frisco, TX**

August 2006 – May 2018

**Associate Professor**

**West Virginia University, Morgantown, WV**

August 1999 – May 2000

**Physical Education Teacher**

- Taught multiple physical education classes in the basic instruction program at WVU
- Wrote lesson plans and unit plans for swimming, racquetball, badminton, weight training, billiards, and bowling
- Integral participant for restructure and implementation of new physical education program
- Supervised and mentored five student teaching assistants
- Complied and presented detailed analysis of pretest and posttest data for each class

**Assistant Coach**

August 1999 – August 2000

- Directed the strength and conditioning program for 45 athletes
- Assisted in all aspects of water workouts – specialized on middle distance, stroke and technical work
- Heart Rate based training methods
- Established and facilitated HY-Tek Meet Manager program
- Maintained full participation with coaching while teaching and attending graduate school

#### **Secondary Education**

**CFBISD, Vivian Field Middle School, Carrollton, TX**

August 2005 – May 2006

**Health and Study Skills Teacher**

- Developed middle school health education core curriculum for the district
- Created study skills curriculum for the Vivian Field Middle School
- Implemented new health classes at Vivian Field Middle School
- Volunteered to tutor academically struggling students
- Served as the Lead Teacher for Health Education
- Title 1 school
- Working with diverse populations

**Plano Independent School District, Plano, TX**

August 2001 – August 2004

**Health Teacher, Plano West Senior High School**

- Promoted analytical thinking through curriculum design, class projects, and group activities
- Adopted peer teaching philosophy to provide students with the opportunity to practice presentation skills and apply understanding of course material
- Participated as a member of independent textbook improvement committee

- School Health Department Lead

**Head Swimming Coach, Plano West Senior High School**

- Achieved results in team success, producing: 3 Academic All-Americans, 7 All-Americans, 10 All-American considerations, and broke 35 team records
- Designed training regimen and conditioning workouts for athletes (heart rate based training)
- Developed marketing program, including creation of newspaper articles, team and school newsletters, website information, team poster and team recognition in school publications

**CFBISD, RL Turner High School, Carrollton, TX**

August 2000 – August 2001

**Head Swimming Coach,**

- Worked successfully with administration, elementary school students, parents and athletes
- Stressed academics and coached three Academic All-Americans, including the valedictorian
- Designed program for pre-season, in-season, and post-season workouts (heart rate based training)
- Broke 8 team records, 1 All-American Consideration, Best Girls' finish in 9 seasons
- Worked with diverse populations

**ADDITIONAL COACHING EXPERIENCE**

**Carrollton Aqua Racers, Carrollton, TX**

**Head Swimming Coach**

2009 to 2018

**Assistant Coach**

2001 – 2008 Summer Programs

- Produced 18 state champions
- Over 100 team records broken
- Promotion of Program and coaching coordinator
- Meet Management
- Instilled a fun and competitive environment

**Farmers Branch Barracudas, Farmers Branch, TX**

**Head Swimming Coach**

2001 – 2002 Summer Programs

- Conceived, promoted, and initiated the summer swim team
- Established team's business and financial structure
- Launched marketing program to attract community interest and participation
- Transitioned team management to a parent-led committee at the end of the first season

**The Wave Swim Camp, Carrollton, TX**

**Co-creator, Coach**

2002 – 2003 Summer Programs

- Stroke and technique analysis through underwater camera technology
- Teaching training principles

**Grapevine - Colleyville Independent School District, Grapevine, TX**

**Swimming Coach/Assistant Manager**

1998 – 1999

**Grapevine - Colleyville Aquatic Team (G-CAT), Grapevine, TX**

**Swimming Coach** 1998 – 1999

**Texas Christian University**, Fort Worth, TX

**Team Manager (Swimming)** 1997 – 1998

- Named Team Manager of the Year
- Worked with 1996 Nicaraguan National Coach Richard Sybesma

**Swim Camp Coach**

Schubert Swim Camp, Los Angeles, CA

1996 – 1997

Dartmouth College Swim Camp, Hanover NH

1996

- Stroke analysis
- Training programs
- Worked with five-time Olympic coach Mark Schubert
- Worked with Olympic Gold Medalist Janet Evans, Brad Bridgewater, Kristine Quance, and Betsy Mitchell

### **Professional Work Experience**

**Life Time Fitness**, Flower Mound, TX

August 2004 – January 2012

**BLS Instructor**

- CPR and First Aid instructor for the entire club

**Life Time Fitness**, Flower Mound, TX

**Aquatics Department Head**

August 2004 – August 2005

- Established Aquatics Department, which grew to a staff of 30
- Interviewed, hired and staffed department
- Managed and scheduled lifeguards
- Budgeted Aquatics Department
- Chaired the Safety Committee

### **PROFESSIONAL DEVELOPMENT**

1. Texas Association for Health, Physical Education, Recreation and Dance Leadership Conference (2019)
2. National Wellness Conference (2013, 2017)
3. Texas Association for Health, Physical Education, Recreation and Dance Conference (2013, 2017, & 2018)
4. American Swimming Coaches Association Southwest Swimming Clinic (2014, 2017)
5. Speedo Southwest Swim Coaches Clinic and Convention,
  - 2003 - Guest speakers Dave Salo - Training methods and philosophy
  - 2002 - Training Methods and motivations from speakers Jon Urbanek and Tom Jager
  - 1999 - New stroke techniques, college recruiting, and multiple training methods
6. Texas Interscholastic Swimming Coaches Association Clinic, (Fall 2001 – 2003)



## **TECHNOLOGY**

1. Online classroom
  - a. Canvas
  - b. Blackboard
2. Microsoft Office
  - a. Power Point
  - b. Excel
  - c. Word
  - d. Publisher
3. SPSS – statistical software
4. Adobe
5. Social Media

## **VOLUNTEER EXPERIENCE**

1. Public Announcer for Flower Mound High School Boy's Soccer Team
2. Staff Parish Relations Committee, Flower Mound United Methodist Church (2022 – 2024)
3. Vacation Bible School Activity Lead at Flower Mound United Methodist Church
4. Love Packs member – provide meals for children in Lewisville Independent School District
5. Lay Teaching Committee for Intern Pastor at Flower Mound United Methodist Church
6. Donating Blood with American Red Cross – help with demand on short supply during pandemic
7. Adopt-A-Spot Flower Mound United Methodist Church
8. Coordinator of Sunday School Charitable Giving Campaign
9. Youth Group counselor at Flower Mound United Methodist Church
10. Children's Sunday School teacher
11. Adult Sunday School teacher
12. Feeding the Homeless in Fort Worth
13. Youth Basketball Coach
14. Youth Football Coach
15. Youth Soccer Coach
16. ALLIES Training as a faculty in support of LGBT students at SMU