

## **BROOKE LEAH RYAN**

### **EDUCATION & CERTIFICATIONS**

**University of Texas Southwestern Medical Center**, Dallas, Texas

Doctorate of Physical Therapy - Graduated December 2017

Co-President, DPT Class of 2017

**Orthopedic Physical Therapy Certified Specialist** - Certified June 2019

**Southern Methodist University**, Dallas, Texas

Bachelor of Science in Applied Physiology and Health Management - Graduated May 2015

**National Academy of Sports Medicine**

Certified Personal Trainer - Certified September 2021

### **TEACHING EXPERIENCE**

**Southern Methodist University**

Clinical Assistant Faculty- Applied Physiology and Health Management - August 2024 – Present

- Courses taught: Anatomy & Physiology I, Anatomy & Physiology II, Functional Biomechanics, Biomechanics, Applied Exercise Physiology, Senior Project, Teaching Practicum

- Courses developed: Biomechanics

**Southern Methodist University**

Adjunct Faculty, Applied Physiology and Sports Management Department - August 2023 – May 2024

- Courses taught: Anatomy & Physiology I and II labs, Applied Exercise Physiology, Functional Biomechanics

### **CLINICAL EXPERIENCE**

**Southwest Sports and Spine**

Physical Therapist - October 2020 – January 2022

- Provided orthopedic care for patients of all ages to restore functional mobility
- Collaborated with physicians to develop and update individualized care plans

**Texas Health Sports Medicine**

Physical Therapist - March 2019 – January 2022

- Focused on sports-specific rehabilitation for athletes
- Co-created orthopedic residency program and developed year-long training curriculum
- Delivered annual gait analysis lecture for orthopedic and sports residency programs

## INDUSTRY EXPERIENCE

### **DrFirst**

Business Development Consultant - January 2022 – August 2023

- Supported enterprise sales team in securing new health system accounts
- Booked over 130 new meetings and assisted in closing \$2.5MM in contracts
- Mentored and trained new consultants on the enterprise team

## FITNESS & COACHING EXPERIENCE

### **The Move Project**

Trainer – September 2023 – Present

- 1:1 personal training in a semi-private gym setting

### **Evolve Dallas**

Coach - October 2021 - August 2025

- Lead up to 65 clients in structured strength training sessions
- Focused on client engagement, safety, and retention

### **SculptHouse Dallas**

Instructor - May 2019 – May 2024

- Led classes combining treadmill and Lagree/Pilates training methods
- Increased membership retention and class utilization through engagement and marketing initiatives

## COMMUNITY SERVICE

- **DFW Lab Rescue Volunteer** (2023 – Present): Conduct home visits for dog adoption approvals
- **Dallas Animal Shelter Volunteer** (2023 – Present): Lead group volunteer opportunities and assist with animal care

## AWARDS & HONORS

- **HOPE Award Nominee** – Honoring Our Professor's Excellence (student-nominated)
- **2017 UTSW Sloan Family Scholarship Recipient** – Awarded for outstanding academics

## CAMPUS SERVICE

- **SMU Honor Council Faculty Member** – Board member overseeing academic conduct at the undergraduate level
- **TACSM Student Bowl Faculty Sponsor** – student bowl competition at the annual meeting
- **North Dallas High School Soccer Testing Liaison** – Train SMU students to perform performance testing at North Dallas High School in the Fall

- **Scott Hawkins Lecture Grant Proposal** – collaborated with the Counseling Department to propose an interdisciplinary lecture on “Reducing Burnout & Optimizing Performance”
- **Ad Hoc Faculty Group: AI Use and Honor Council**- Simmons School of Education Representative to identify trends to help mitigate proper AI usage in higher education
- **Hunt Scholar Interview Team**- Participate as an interviewer for the Hunt Scholar Finalists (2025) and committed to assist in file reading for the 2026 interviews
- **Healthcare in Business Student Led Organization**- Faculty Sponsor

#### **EXTRACURRICULAR ACTIVITIES**

- **70.3 Half Ironman**- Augusta (Fall 2023) & Waco (Fall 2025)
- **SMU 10 Year Reunion Committee Member**- assist in the recruitment of alumni to attend reunion events during Homecoming Weekend 2025 and encourage financial gifts