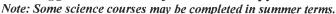
SMU PRE-HEALTH PROFESSIONS



Suggested Pre-Occupational Therapy Plan





Individual program requirements may change at any time, and this plan may not reflect the most current information. It is the student's responsibility to review, understand, follow, and remain up-to-date with the policies, guidelines, and requirements (including pre-requisite coursework) of each individual occupational therapy program and the application service, OTCAS.

This plan could vary depending on the major chosen. Consult your academic advisor and check individual degree plans for suggested sequencing of courses. Grades of "C" or better are required to meet specific science (and math) pre-requisites for admission to OT (occupational therapy) school. Consult with your advisor before advancing to the next level course. Some OT programs require grades of "B" or better in pre-requisite courses.

1st Year Fall 1st Year Spring BIOL 1301 Introductory Biology **BIOL** 1302 Introductory Biology **BIOL** 1101 Introductory Biology Lab **BIOL** 1102 Introductory Biology Lab DISC 1312 Discernment and Discourse DISC 1313 Discernment and Discourse (UC 2016) (UC 2016) Introduction to Academic Writing and Critical WRTR 1312 **WRTR** 1313 Writing Reasoning (CC 2020) (CC 2020) **MATH** 1304 Pre-Calculus or higher STAT 2331 Statistics

2 nd Year Fall				2nd Year Spring		
APSM/	2441	Anatomy & Physiology I		APSM/	2442	Anotamy & Dhysiology II
BIOL	2441	Anatomy & Physiology 1		BIOL	2442	Anatomy & Physiology II
PSYC	1300	Introduction to Psychology		PSYC	2332	Developmental Psychology

	3	^{Brd} Year Fall	3rd Year Spring			
APSM	3321	Biomechanics	GRE 📥			

Students can choose any major; however, courses offered in the APHM (Applied Physiology & Health Management) specialization are a good fit for students interested in becoming occupational therapists. Additional recommended (or required courses) include Anatomy for Movement, Medical Terminology and Speech/Communication. Additional courses in behavioral science (psychology/sociology) are also recommended (and required) by some programs. Medical Terminology is not offered at SMU. Review program websites to confirm required pre-requisite courses, observation hours, and specific documentation.

A semester in Physics (PHYS 1307/1303) is required by some programs while other programs may also require a semester in Biology (BIOL 1301 or BIOL 1302) and/or General Chemistry (CHEM 1303). This plan is designed to meet the minimum requirements of most programs and is not a substitute for individual program requirements. Students should always consult with individual programs to determine specific requirements.

Pre-calculus (MATH 1304) may be required prior to Calculus (MATH 1337). Students applying to programs requiring Physics I should plan to add Calculus (MATH 1337) to their plan. Statistics can be moved to a later semester to better accommodate a student's schedule. Pre-occupational therapy students may incorporate study abroad in their college plan, usually before the spring of junior year or during the summer. Meet with your academic or faculty advisor and plan ahead.

Many OT programs have transitioned from a master's degree to a doctorate degree. Some programs require a degree at the time of application while others may accept students with a minimum number of credit hours in progress. Requirements may vary based on the type of professional program a student plans to pursue. Entry-level programs (master's and doctorate) prepare students to become occupational therapists while post-professional programs provide occupational therapists with additional education and/or specialization. https://www.aota.org/

It is the student's responsibility to understand the specific requirements for individual programs. Most OT programs require observation hours or specific field-related clinical experience. Refer to individual programs for the required (or recommended) number of healthcare-related experiences (HCE) - including observation. Consult with individual programs for specific documentation requirements.

Pre-occupational therapy students should plan to take the GRE in early spring of the year they intend to submit their application (usually July of their junior or senior year). The GRE (Graduate Record Exam) is offered multiple times during the year. Meet with the Pre-Health Director for more information and visit: https://www.aota.org/Education-Careers/Find-School/OTCAS.aspx and https://otcas.liaisoncas.com/applicant-ux/#/login to begin preparing for application to occupational therapy school.