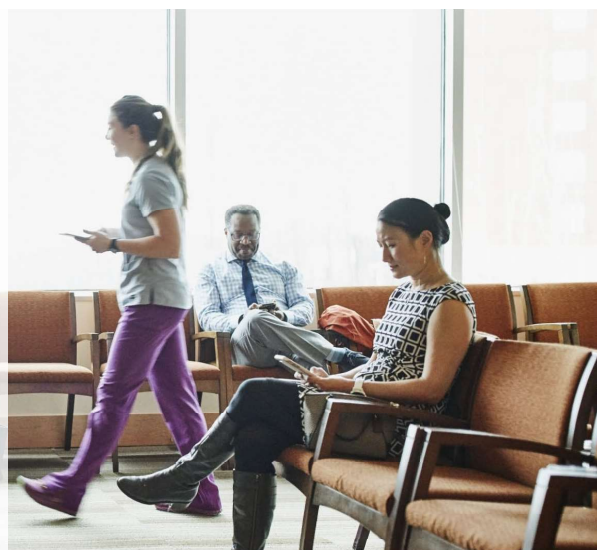


# Know where to go in a medical emergency



## Emergency care options—which one is the right one?

Be prepared for medical emergencies. With Health Pro Connection and your Health Pro you have resources to help you build a list of nearby, in-network care providers and facilities, confirm benefits coverage was properly applied, and get help solving billing issues.

Keep reading to learn more about emergency care options.

1

### **Urgent care clinics**

Urgent care clinics are ideal for treating non-life-threatening conditions such as minor cuts, sprains, flu symptoms, or mild infections. They offer quick, convenient access to medical care without the long wait times often associated with emergency rooms. Some urgent care facilities will even allow you to make an appointment or join a waiting list to further reduce your wait time.

2

### **Emergency room (ER)**

The ER—free-standing or located within a hospital—has the equipment, supplies, and staff to see anyone 24/7. The ER often experiences longer wait times, though, and free-standing ERs are usually out-of-network.

Most emergencies happen near home, work, and school. Prepare yourself and your family by compiling a list of nearby urgent care providers. And if you have a covered dependent in a different location or you're planning a trip far from home, consider creating lists for those locations too.



## Get started today!

Scan to download the **Alight Mobile app**.

Select **Health Pro Connection** to get started or call **1.800.513.1667**.