

Sunscreen and Insect Repellent - Permission

Sunscreen and insect repellent should be applied to a child at least once at home to test for any allergic reaction. Aerosol sprays are prohibited.

Sunscreen/sun block must provide UVB and UVA protection with an **SPF of 15 or higher**. Sunscreen **may not** be used on infants under **6 months** of age unless accompanied by a doctor's note.

Insect repellent may only be used if recommended by public health authorities or requested by a parent/guardian. The repellent must contain a concentration of **30% DEET or less**. Insect repellent **may not** be used on infants under **2 months** of age. Oil of lemon eucalyptus and para-methane products may not be used on children under the age of three.

All sunscreen/sun block and insect repellent provided by a parent/guardian must be:

- provided in the original container;
- clearly labeled with the child's full name;
- within the expiration date;
- appropriate for the age of the child; and
- free of nut ingredients.

Complete one of the following:

I give Bright Horizons permission to apply (*name of sunscreen*) _____
and/or (*name of insect repellent*) _____
when outdoor conditions warrant and consistent with package instructions (subject to any special instructions below) to my child, _____ from
_____/_____/_____ to ____/____/_____ (not to exceed one year).

I **do not wish** to have sunscreen and/or insect repellent applied to my child
_____. I do not hold Bright Horizons Children's Centers LLC
responsible for my decision and understand that my child may be sunburned/bitten as a result. I
understand that **I should provide protective clothing including a hat, lightweight long sleeve
shirt and pants** instead, to protect my child from sun exposure and insects during outdoor activities.

Special Instructions

Sunscreen/Sun Block: _____

Insect Repellent: _____

(Parent/Guardian Signature)

(Date)