Pregnancy and Parenting Resources

Offices on Campus

<u>Women & LGBT Center</u>: Offers different resources, a great place to listen, and the office space also is a good place to hang out with your child. The office serves as a lactation location, and they keep lists of other <u>lactation locations and changing tables on campus.</u>

<u>Dean of Student Life Office</u>: A good resource that will help students think through different options on campus. They also have the White Loan which is a small loan for people who might need to pay rent quickly or need some money to hold them over for a short period.

<u>The Office of the Chaplain</u>: A place that helps students talk through pregnancy options. They also allow students to use their office as a lactation location.

<u>Disability Accommodations & Success Strategies</u> Can help in the case of a complicated pregnancy that might require the student to request accommodations.

<u>Altshuler Learning Enhancement Center</u>: A resource to students who are juggling family and school in order to offer them academic counseling and support.

Office of Transfer and Transition Services: Works with student parents who are transferring in to SMU. They also sponsor a workshop for students with children titled "The Big Squeeze: Succeeding in College While Raising a Family."

<u>SMU Counseling Services</u>: The SMU Counseling Services is a great place to talk through transitions.

SMU Preschool and Child Care Center: Is the daycare and preschool for SMU students, faculty, and staff

<u>SMU Health Center</u>: The SMU Health Center offers education, routine gynecology, pregnancy testing and emergency contraceptive ("morning after") pills are available.

Local Resources

<u>List of local daycares</u>

<u>ChildCareGroup</u>: is committed to helping families find the best, affordable care possible for their children.

Phone: 214-768-4792 Web: smu.edu/womenandlgbtcenter

Mailing Address: P.O. Box 750172, Dallas, TX 75275-0172

Texas Department of Family and Protective Services: Has a childcare search for the state of Texas

Applying for Medicare and CHIP

Information about WIC

The Child Support Division in the Office of the Attorney General

Planned Parenthood North Texas

Pregnancy and Parenting Resources

Buckner foster care and adoption:

Hope Cottage: A local adoption agency

National Resources

College success for Moms Blog: Written by moms who returned to college

Pregnant and Parenting Students' Rights: FAOs for College and Graduate Students

Articles

<u>"Give Us a Chance to Get an Education": Single Mothers' Survival Narratives and Strategies for Pursuing Higher Education on Welfare by Sheila Katz</u>

Books

Reclaiming Class: Women, Poverty and the Promise of Higher Education in America Edited by Vivyan C. Adair and Sandra L. Dahlberg

Financial Aid Resources for Mothers

<u>Capture the Dream Scholarships</u>: Single-parent minority college students are eligible for these scholarships worth \$1000 each.

<u>George Snow Scholarship Fund</u> initiates financial assistance for single Florida parents, among its far-reaching financial aid programs

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Scholarships for Single Moms list