

MAY 10 – MAY 31 GX FITNESS SCHEDULE

SMU.EDU/RECSports/GroupX

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-8:45 AM	YOGA Dana				YOGA Dana
12:15-1:00 PM	YOGA Jo-Jo	ZUMBA TONING Mel	YOGA Jo-Jo	ZUMBA TONING Mel	YOGA Jo-Jo
5:30-6:15 PM	YOGA Tida	FIT IN FIVE Katherine W	PILATES Dana	TWERKOUT Ty	YOGA Ela
6:30-7:15 PM		ZUMBA Sam		ZUMBA Sam	