1 Click on Cigna Dental Coverage — Apply Online (only select Dental when applying) under the Enrollment Tab on your school’s myahpcare website.
Fill out information and click **Find the Plans** at the bottom of the page.

- The Coverage Start Date drop-down menu gives three different options for when you would like to start coverage; the following month on the 1st, and each month after that on the 1st, up to two months.
  - Example: If you are enrolling on August 28, you can start coverage on September 1, October 1 or November 1.
- Unselect Medical under Product Selection. Only Dental should be checked.
- Select No next to Currently Insured as this is only referring to whether the student is currently insured under a dental plan with Cigna.
- Select No next to “Is this a Child Only Quote?”
Choose a plan by clicking the box to the left of the plan name. Once a plan is checked, click **Add Plans To My Selection**.

**NOTE:** Some plans apply waiting periods to basic, major and orthodontic dental care services.

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The plan will now be added to your cart. Select **Review Your Selection**.
5 Select **Apply Now** below the Estimated Monthly Total.

6 You will then be prompted to create an account. Select **Register** to complete account creation.
7 Select **Continue**. You will receive a confirmation email.

8 Select **Login** to log in to your Cigna account.
Questions?
Call 1-866-438-2446, press 3 then press 2. You will be transferred to a licensed Cigna agent.

NOTE: This service is not administered by Academic HealthPlans

Continue application by completing each section.