

## Biographical Information

### **Paula Dobbs-Wiggins, M.D.**

Paula Dobbs-Wiggins, M.D. is a board certified psychiatrist in private practice and Adjunct Professor of the Practice of Pastoral Care at Perkins School of Theology, Southern Methodist University. Throughout her career, she has worked to increase dialogue and collaboration between mental health and religious professionals to promote greater understanding of mental illnesses and decrease stigma that often results in people not availing themselves of effective treatment.

A native of St. Louis, MO, Dr. Dobbs-Wiggins received her bachelor's degree in Biology (cum laude) from Harvard College and her medical degree from Harvard Medical School. During her senior year of college, she responded to a call to Christian ministry and was licensed and later ordained by Eliot Congregational Church of Roxbury, MA.

Dr. Dobbs-Wiggins is currently a member of St. Luke "Community" UMC in Dallas, TX where she serves as Coordinator of the Mental Health Ministry and Directress of the Angel & Cherub Choir. She also serves as Vice-Chairperson of the Board of Managers of Parkland Health and Hospital System.

Dr. Dobbs-Wiggins is married to Kevin B. Wiggins. They are the proud parents of four young adult children, Lauren Nichelle, Kyle Eliot, Paul Wesley and Kevin Jarrett.