

SPRING 2020 - PRW WELLNESS CLASSES - MWF (1/18 -5/6)

Mtg Start	Days	Class Nbr	Subject	Catalog	Section	Course Title	Instructor	Building/Room
8:00 AM	M	4940	PRW	2112	L01	PRW2: Walking	Fennig	Indoor Track
9:00 AM	M	4920	PRW	1101	L01	PRW1: Concepts of Wellness	Gaines	Classroom 3
9:00 AM	M	4943	PRW	2125	L01	PRW2: Group Fitness	Hart	Studio 3
10:00 AM	M	4922	PRW	1101	L03	PRW1: Concepts of Wellness	Fennig	Classroom 3
10:00 AM	M	4938	PRW	2102	L01	PRW2: Jogging	Gaines,	Indoor Track
11:00 AM	M	4923	PRW	1101	L04	PRW1: Concepts of Wellness	Gober	Classroom 4
11:00 AM	M	4924	PRW	1101	L05	PRW1: Concepts of Wellness	Fennig	Classroom 3
11:00 AM	M	4941	PRW	2105	L01	PRW2: Weight Training	Gaines	Wt. Fitness Area
12:00 PM	M	4925	PRW	1101	L06	PRW1: Concepts of Wellness	Gober	Classroom 4
1:00 PM	M	4972	PRW	2112	L02	PRW2: Walking	Fennig	Indoor Track
2:00 PM	M	4936	PRW	2130	L01	PRW2: Power Yoga	Gober	Studio 2
8:00 AM	W	5900	PRW	2112	L05	PRW2: Walking	Fennig	Indoor Track
9:00 AM	W	4921	PRW	1101	L02	PRW1: Concepts of Wellness	Smith	Classroom 1
9:00 AM	W	4939	PRW	2102	L02	PRW2: Jogging	Gaines	Indoor Track
9:00 AM	W	4932	PRW	2110	L01	PRW2: Individual Fitness	Fennig	Wt. Fitness Area
9:00 AM	W	4935	PRW	2120	L02	PRW2: Spinning	Hainline	Studio 1
9:00 AM	W	4950	PRW	2140	L01	PRW2: Intermediate Swimming	Warren	Indoor Pool
10:00 AM	W	4933	PRW	2110	L02	PRW2: Individual Fitness	Chelstowski	Wt. Fitness Area
10:00 AM	W	5901	PRW	2112	L06	PRW2: Walking	Gober	Indoor Track
10:00 AM	W	4962	PRW	2120	L03	PRW2: Spinning	Rola	Studio 1
11:00 AM	W	4927	PRW	1101	L08	PRW1: Concepts of Wellness	Fennig	Classroom 3
11:00 AM	W	5891	PRW	2102	L03	PRW2: Jogging	Gaines	Indoor Track
11:00 AM	W	4961	PRW	2110	L03	PRW2: Individual Fitness	Smith	Wt. Fitness Area
11:00 AM	W	4944	PRW	2125	L02	PRW2: Group Fitness	Chelstowski	BasketBall Ct.1
11:00 AM	W	4960	PRW	2133	L01	PRW2: Racquetball I	Warren	Racquetball Ct. 1
12:00 PM	W	4926	PRW	1101	L07	PRW1: Concepts of Wellness	Gober	Classroom 4
12:00 PM	W	5894	PRW	2105	L04	PRW2: Weight Training	Gaines	Wt. Fitness Area
1:00 PM	W	4928	PRW	1101	L09	PRW1: Concepts of Wellness	Rola	Classroom 2
1:00 PM	W	5897	PRW	2110	L04	PRW2: Individual Fitness	Smith	Wt. Fitness Area

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1:00 PM	W	4964	PRW	2133	L02	PRW2: Racquetball I	Warren	Racquetball Ct. 2
2:00 PM	W	4929	PRW	1101	L10	PRW1: Concepts of Wellness	Rola	Classroom 2
2:00 PM	W	4974	PRW	2140	L02	PRW2: Intermediate Swimming	Smith	Indoor Pool
10:00 AM	F	5898	PRW	2110	L05	PRW2: Individual Fitness	Chelstowski	Wt. Fitness Area
10:00 AM	F	4937	PRW	2130	L03	PRW2: Power Yoga	Baker	Studio 2
11:00 AM	F	4973	PRW	2125	L03	PRW2: Group Fitness	Chelstowski	BasketBall Ct.1
11:00 AM	F	4954	PRW	2130	L04	PRW2: Power Yoga	Baker	Studio 2
1:00 PM	F	4957	PRW	2151	L01	PRW2: Self-Defense	Chelstowski	Mat Room
	ARR	4951	PRW	2190	401	PRW2: Physical Fit.: Optional	Smith	Online
	ARR	4969	PRW	2190	402	PRW2: Physical Fit.: Optional	Gaines	Online

SPRING 2020 - PRW WELLNESS CLASSES - TTH (1/18 -5/6)

Mtg Start	Days	Class Nbr	Subject	Catalog	Section	Course Title	Instructor	Building/Room
8:00 AM	T	4930	PRW	1101	L11	PRW1: Concepts of Wellness	Fennig	Classroom 3
8:00 AM	T	4953	PRW	2106	L01	PRW2: Weight Training - Women	Warren	Wt. Fitness Area
9:30 AM	T	4931	PRW	1101	L12	PRW1: Concepts of Wellness	Fennig	Classroom 3
9:30 AM	T	4959	PRW	2106	L02	PRW2: Weight Training - Women	Warren	Wt. Fitness Area
9:30 AM	T	4976	PRW	2112	L03	PRW2: Walking	Gober	Indoor Track
9:30 AM	T	4934	PRW	2120	L01	PRW2: Spinning	Rola,Kelyn	Studio 1
9:30 AM	T	4975	PRW	2140	L03	PRW2: Intermediate Swimming	Smith	Indoor Pool
9:30 AM	T	4956	PRW	2161	L01	PRW2: Basketball	Gaines	BasketBall Ct.1
11:00 AM	T	5892	PRW	2105	L02	PRW2: Weight Training	Smith	Wt. Fitness Area
11:00 AM	T	5899	PRW	2112	L04	PRW2: Walking	Gober	Indoor Track
11:00 AM	T	5903	PRW	2132	L02	PRW2: Judo	Chelstowski	Mat Room
11:00 AM	T	4970	PRW	2161	L02	PRW2: Basketball	Warren	BasketBall Ct.1
12:30 PM	T	4946	PRW	1101	L13	PRW1: Concepts of Wellness	Rola	Classroom 4
12:30 PM	T	5893	PRW	2105	L03	PRW2: Weight Training	Gaines	Wt. Fitness Area
12:30 PM	T	4945	PRW	2132	L01	PRW2: Judo	Chelstowski	Mat Room
2:00 PM	T	4947	PRW	1101	L14	PRW1: Concepts of Wellness	Rola	Classroom 4
2:00 PM	T	4955	PRW	2122	L01	PRW2: Rock Climbing	Chelstowski	Climbing Wall
8:00 AM	R	5896	PRW	2106	L03	PRW2: Weight Training - Women	Warren	Wt. Fitness Area
9:30 AM	R	4948	PRW	1101	L15	PRW1: Concepts of Wellness	Baker	Classroom 2
9:30 AM	R	5895	PRW	2106	L04	PRW2: Weight Training - Women	Warren	Wt. Fitness Area
9:30 AM	R	5902	PRW	2120	L04	PRW2: Spinning	Rola	Studio 1
9:30 AM	R	5904	PRW	2140	L04	PRW2: Intermediate Swimming	Smith	Indoor Pool
11:00 AM	R	4952	PRW	1101	L16	PRW1: Concepts of Wellness	Cason	Classroom 2
11:00 AM	R	4942	PRW	2105	L05	PRW2: Weight Training	Smith	Wt. Fitness Area
11:00 AM	R	4963	PRW	2130	L02	PRW2: Power Yoga	Baker	Studio 2
11:00 AM	R	5905	PRW	2161	L03	PRW2: Basketball	Warren	BasketBall Ct.1
12:30 PM	R	4967	PRW	1101	L17	PRW1: Concepts of Wellness	Cason	Classroom 2
12:30 PM	R	4971	PRW	1101	L18	PRW1: Concepts of Wellness	Rola	Classroom 4
2:00 PM	R	5890	PRW	1101	L19	PRW1: Concepts of Wellness	Rola	Classroom 4