

Suggested Application Timeline

Pre-Medical/Pre-Dental

First Year

- Attend “Pre-Health 101”, a seminar for first-year students, & Pre-Health programs
- Join organizations (areas of interest and Pre-Health) and attend meetings
- Get to know your professors
- Meet regularly with your Academic Advisor
- Get organized (create a resume, journal experiences)
- Establish good study habits and find balance (academic and social)
- Learn more about the medical profession: volunteer, shadow doctors or dentists, read articles, journals, and publications
- Investigate research positions in a faculty lab (second semester)
- Apply for summer programs, work, or take summer courses
- Finish strong

Second Year

- Meet with the Office of Pre-Health Advising (first and second semesters)
- Attend “Pre-Health 201”, a seminar for second-year students, & Pre-Health programs
- Stay on track academically
- Correct any weakness in your academic skills (Altshuler Learning Enhancement Center)
- Continue reading (include books related to medicine), volunteering (clinical), and shadowing
- Continue getting to know your professors (letters of recommendation will be needed)
- Seek leadership positions
- Seek research opportunities
- Participate in community service (non-clinical)
- Stay organized (build your resume, journal experiences)
- Join AED (Alpha Epsilon Delta, a pre-professional honor society, second semester)
- Participate in healthcare-related activities
- Attend the Health Professions Fair (spring semester)
- Investigate professional schools and various healthcare programs
- Apply for summer programs, work, or take summer courses
- Finish strong

Third & Fourth Years

- Students **MUST** meet with the Office of Pre-Health Advising (Dedman Life Sciences Building, Room 135), **in their junior year** to review academic and extracurricular progress **AND** to receive additional, important, and timely information. **MANDATORY ATTENDANCE** at an application workshop is one of the requirements to be eligible to interview with the Health Professions Recommendation Committee (HPRC). Please contact the Office of Pre-Health Advising to learn more about the HPRC and all eligibility criteria.

Notes:

- These are general guidelines to prepare for professional school.
- Other professional programs such as Physician’s Assistant, Pharmacy, and Veterinary Medicine have similar timelines. Consult with the Office of Pre-Health Advising for more information.