Suggested Application Timeline
Pre-Medical/Pre-Dental

First Year
- Attend “Pre-Health 101”, a seminar for first-year students, & Pre-Health programs
- Join organizations (areas of interest and Pre-Health) and attend meetings
- Get to know your professors
- Meet regularly with your Academic Advisor
- Get organized (create a resume, journal experiences)
- Establish good study habits and find balance (academic and social)
- Learn more about the medical profession: volunteer, shadow doctors or dentists, read articles, journals, and publications
- Investigate research positions in a faculty lab (second semester)
- Apply for summer programs, work, or take summer courses
- Finish strong

Second Year
- Meet with the Office of Pre-Health Advising (first and second semesters)
- Attend “Pre-Health 201”, a seminar for second-year students, & Pre-Health programs
- Stay on track academically
- Correct any weakness in your academic skills (Altshuler Learning Enhancement Center)
- Continue reading (include books related to medicine), volunteering (clinical), and shadowing
- Continue getting to know your professors (letters of recommendation will be needed)
- Seek leadership positions
- Seek research opportunities
- Participate in community service (non-clinical)
- Stay organized (build your resume, journal experiences)
- Join AED (Alpha Epsilon Delta, a pre-professional honor society, second semester)
- Participate in healthcare-related activities
- Attend the Health Professions Fair (spring semester)
- Investigate professional schools and various healthcare programs
- Apply for summer programs, work, or take summer courses
- Finish strong

Third & Fourth Years
- Students MUST meet with the Office of Pre-Health Advising (Dedman Life Sciences Building, Room 135), in their junior year to review academic and extracurricular progress AND to receive additional, important, and timely information. MANDATORY ATTENDANCE at an application workshop is one of the requirements to be eligible to interview with the Health Professions Recommendation Committee (HPRC). Please contact the Office of Pre-Health Advising to learn more about the HPRC and all eligibility criteria.

Notes:
- These are general guidelines to prepare for professional school.
- Other professional programs such as Physician’s Assistant, Pharmacy, and Veterinary Medicine have similar timelines. Consult with the Office of Pre-Health Advising for more information.