# **AccessAbility**

#### DASS Newsletter MAY 2022 Vol 14 Issue 9

# **DASS** Disability Accommodations & Success Strategies

Located in the A - LEC

Your DASS Link login: https://smu-accommodate.symplicity.com/sso/students/login



TOPICS

#### EXTRA MILE AWARD WINNERS KAREN TURBEVILLE IS LEAVING SUTTON & HARRISON SCHOLARSHIP MAY TERM AND SUMMER LETTERS STUDY TIPS

### Best Wishes to Karen



If you work with Karen Turbeville as your DASS Coordinator, she will be leaving SMU to spend more time with her family effective 5/12/2022. Your file will be temporarily reassigned until a new staff member is hired. For any questions, we ask that you

call the office while we're in this transition. We hope to have the new Coordinator in place before the fall semester begins. Please join us in wishing Karen well and thank you for 8 years of work with SMU.

#### CONGRATULATIONS TO THIS YEARS RECEIPIENTS of the EXTRA MILE AWARD

Students for New Learning, an organization chartered by the Student Senate provides support and networking opportunities for students with learning differences and ADHD, identified deserving faculty members to receive this award at this year's Hilltop Excellence Awards.



Professor Denver Brittain, Adjunct Professor in the Department of Computer Science in the Lyle School of Engineering



Professor Madhura Kulkarni, Adjunct Professor in the Marketing Department of Cox School of Business



Dr. Alejandro D'Brot, Lecturer in the Department of Biological Sciences of Dedman College School of Humanities and Sciences

The President's Commission on the Needs of Persons with Disabilities (PCNPD) provides funding and support for this award, demonstrating how much SMU values faculty sensitivity to this somewhat vulnerable, yet very capable population.

Please congratulate your instructors in their continuing pursuit of excellent teaching, while showing sensitivity, kindness, and a welcoming nature. It makes a difference!

#### James A. Sutton scholarship



#### Peggy R. and Constance Harrison scholarship

Applications for these scholarships will be accepted from any DASS student from **May 1-20<sup>th</sup>**. Priority may be given to those with physical challenges, speech, hearing, sight, financial hardship (depending on the scholarship), or those who have not received funds from the scholarships before.

Submit a 1 pg. essay discussing why you would be a good candidate for these scholarships. (only a one page essay is needed to be considered for Harrison and Sutton). Send c/o SMU's DASS office <u>dass@smu.edu</u> by 5/20/22.

#### May Term & Summer Letters

NOW is the time to submit your semester request for May Term 2022.

Classes will begin on May 16th- May 31st and we recommend you share your letter with your professor before the May Term begins.

#### Summer & Mini Summer Sessions

If you are attending summer

classes that begin June 1st with regular and mini sessions all summer, be sure and submit your semester request for your summer classes a couple of weeks before classes begin so you have time to contact your instructor to discuss testing arrangements well before a test is scheduled!

## TOP STUDY TIPS

\* **Just get started.** Don't wait until you FEEL like studying. Have a start time planned on the weekend and reading day.

- \* **Create a master to-do list** and a schedule for the remaining days in the semester.
- Stay healthy. Get some sleep and avoid caffeine. Seriously
  your brain will thank you.
- Take short breaks every hour or so, even if only for 2-3 minutes.
- \* **Study in a distraction-reduced environment.** Turn off your cell phone, TV and email notifications.
- Manage your anxiety. By listening to calming music, stretching or breathing deeply, you can avoid stress and release negative thoughts.
- **Attend review sessions, study groups**: You may be tempted to skip out on that review session or study group but this could be a huge mistake. Structured time can be very productive.

The DASS Team – 214-768-1470 Alexa Taylor, Michelle Bufkin, Karen Turbeville, Tomasine Sam, David Tylicki, Candy Brown