

# STUDENT SERVICES

Q. Are there other resources on campus that will help me while he/she is at SMU?

A. Most of the services are within easy walking distance on campus. From a recreational sports facility to a fully accredited outpatient medical clinic with counseling services available, to on campus banking, to renowned library resources, a bookstore and a wide variety of dining opportunities, SMU strives to keep our environment one where students can grow and develop without ever having to leave the campus.

## DEPARTMENT OF RECREATIONAL SPORTS

**214-768-3366**

**104 Dedman Center for Lifetime Sports**

**Mailing Address: PO Box 750161, Dallas, TX 75275-0161**

[www.smu.edu/recsports](http://www.smu.edu/recsports)

The Department of Recreational Sports enhances the lives of the SMU community by offering various alternatives for recreation and education. The Dedman Center for Lifetime Sports offers to those in the SMU community the opportunity to interact with others in recreation, relieve stress, and work toward achieving their physical potential. The opportunities offered through this department include the following:

- Intramural sports activities: Over 4,000 students and faculty/staff participate in 18 different sports and activities throughout the school year.
- Club sports: Approximately 400 participants dedicate themselves to one particular activity in which they compete intercollegiately and/or develop high levels of expertise in their sport.
- Fitness: Over 40 Group X classes per week, personal training sessions, small group training, full-body and chair massage.
- Spirit squads: Throughout the year, over 50 students are involved in the pom squad, the cheer squad, and the handling/care of Peruna, SMU's live mascot.
- Outdoor Adventure: Recreation trips, adventure equipment rental and the indoor climbing walls. Trips and equipment are at discounted cost to students, and the indoor climbing wall is free to students and members.
- Aquatics: A five lane, twenty-five yard pool provides opportunities for fitness, recreation and water skill development.
- Other recreational facilities include: – Morrison-Bell Track – Red Barr Swimming Pool
- Student Employment: Over 200 student staff positions are available. These jobs provide students the opportunity to gain certifications and to develop teamwork, leadership and employment skills. Students are hired for lifeguards, personal trainers, sport officials, group fitness instructors, adventure leaders, and recreation center staff.

## STUDENT HEALTH CENTER

**214-768-2141**

**Mailing Address: PO Box 750195, Dallas TX 75275-0195**

[www.smu.edu/healthcenter](http://www.smu.edu/healthcenter)

The Dr. Bob Smith Health Center provides SMU students with comprehensive outpatient health care, including primary care, counseling services, health education and laboratory, radiology and pharmacy services. The new 28,000-square-foot state-of-the-art facility is centrally located on campus at 6211

Bishop Boulevard. The Health Center has earned accreditation from the Accreditation Association of Ambulatory Health Care for meeting rigorous nationally recognized standards and committing to delivering the highest quality of care.

**MEDICAL SERVICES.** SMU provides a convenient, cost-effective, and state of the art medical clinic for diagnosis and treatment of illness/injury, as well as for immunizations and continuation of treatment, such as allergy injections. The clinic is staffed by physicians, registered nurses, and medical assistants. Physicians are available by appointment from 8:30 a.m. to 4 p.m. Monday through Friday. *For appointments and health information students may call 214-768-2141 or go online [www.smu.edu/healthcenter](http://www.smu.edu/healthcenter).*

**ACUTE/AFTER-HOURS CARE.** For emergency care after clinic hours, it is recommended that students call 911 or go to a hospital emergency room. A list of hospital/emergency rooms and locations for after-hours urgent care facilities is provided on the Health Center web site ([www.smu.edu/healthcenter](http://www.smu.edu/healthcenter)).

**COSTS.** Undergraduate and graduate students pay a health center fee each term which covers routine medical care and counseling services at the Health Center. Laboratory tests, x-ray procedures, immunizations, pharmacy prescriptions and medical supplies, and specialty care are available for an additional charge to students.

**INSURANCE FILING.** The Health Center files claims for the Student Health Insurance Plan (SHIP) only. Covered charges for Health Center treatment rendered to students enrolled in SHIP will be billed directly to the insurance company, after payment of the co-pay. Students who have other insurance will be provided an itemized receipt upon request at the time of service so that they may file the visit charges with their insurance company. This receipt is adequate for reimbursement to the student.

*Note: Health insurance is separate from the student Health Center fee and is paid separately.*

**STUDENT HEALTH INSURANCE PLAN (SHIP).** For the 2016-2017 academic year, the University has partnered with Academic Health Plans, Inc. (AHP) and Blue Cross/Blue Shield of Texas to provide high-quality health insurance coverage to our students and their dependents. The Plan provides coverage for accidents and illnesses, hospitalizations, emergency room visits, surgery, maternity, wellness and other services. Students receiving treatment at the Health Center will have their deductible waived. The plan also provides global emergency services for medical evacuations and repatriation. Should you have any questions, please contact the Insurance Office at the Health Center at [studenthealthinsurance@smu.edu](mailto:studenthealthinsurance@smu.edu) or (214) 768-3408/3470 or Academic HealthPlans, Inc. at (855) 357-0242.

**MANDATORY HEALTH INSURANCE POLICY.** SMU is very concerned about the health and well-being of all of our students. In order to ensure that students have appropriate health care coverage, SMU's President's Executive Council (PEC) passed a Mandatory Health Insurance policy.

**DOMESTIC STUDENTS.** SMU requires all domestic students, both undergraduate and graduate, taking nine or more credit hours to have health insurance through either an individual/family plan or the University-offered plan (SHIP). Students are required to provide documentation of current insurance coverage or to enroll in the SHIP by the deadline date each semester. *A domestic student with private health insurance coverage must waive SHIP coverage every semester to avoid automatic enrollment into the plan and thereby have the semi-annual premium charge applied to his or her bursar account.*

Information and instructions are available online at [www.smu.edu/healthinsurance](http://www.smu.edu/healthinsurance). Students who elect SHIP for the fall term are automatically reenrolled for the spring term unless they specifically waive. No changes or reversal of charges will be made after the deadline dates each semester.

**INTERNATIONAL STUDENTS ATTENDING SMU ON A VISA.** International students taking one more credit hours must enroll in the University-offered plan (SHIP), unless they have a special waiver personally granted by the Health Center staff. International students may only apply for a waiver if *a) the student is covered by a comparable U.S. health insurance plan provided/purchased by their Embassy or b) the student provides documentation of comparable U.S. health insurance coverage by a U.S. employer,*

*including international medical evacuation and repatriation.* Under either waiver circumstance listed above, documentation, including a copy of the health insurance policy or certificate and Insurance ID card, must be presented with the Waiver Application Form to the Student Health Center each semester in order to be considered. International policies or policies from the student's home country are not accepted. If the student is not provided comparable coverage through their Embassy or by a U.S. employer, as mentioned above, then the student must enroll in SHIP. *If an International student does not receive an approved waiver and does not elect the SHIP in My.SMU.edu by the deadline date each semester they will automatically be enrolled in SHIP and the semi-annual premium charge will be added to their bursar account. No changes or reversal of charges will be made after the deadline dates each semester.* To print a waiver form, visit [www.smu.edu/healthinsurance](http://www.smu.edu/healthinsurance) and select the 'International Student Insurance Waiver Form'. Directions on where and how to submit the waiver are located on the waiver form itself.

#### **DEADLINES TO WAIVE:**

	Fall	Spring/Summer	Summer
	08/13/16-01/09/17	01/10/17-08/12/17	05/17/17-08/12/17
RATE	\$1,304	\$1,304	\$629
DEADLINE	September 7, 2016	February 7, 2017	May 27, 2017

#### **ACTION IS REQUIRED EVERY SEMESTER BY ALL STUDENTS WHO FALL UNDER THE POLICY REQUIREMENTS.**

**PHARMACY.** A full service pharmacy is conveniently located in the Student Health Center and is open to all currently enrolled students from 8:30 a.m. to 5 p.m., Monday through Friday. Prescriptions from the Student Health Center as well as outside providers are accepted. The Pharmacy accepts most insurance plans.

**IMMUNIZATIONS.** All students (undergraduate, graduate, part-time and full-time, to include international and IEP/ESL students) are required to have an SMU medical history form on file in the SMU Health Center before registration. To comply with SMU policy, all students must also submit to the Health Center immunization records that provide proof of immunization against measles, mumps and rubella. These MMR immunizations must be documented by a physician, public health record, military health record or school health record. Students will not be allowed to register without immunization compliance. Texas state law requires all new students under the age of 22 to provide proof of immunization for bacterial meningitis. **The meningitis vaccine or booster dose must have been received during the five years prior to enrollment and at least ten days before the start of classes.** Students seeking exemption from this requirement due to health risk or conscience, including religious belief, should see the second page of the SMU medical history health form. More information is found under Final Matriculation to the University in the Admission to the University section of this catalog. Students are encouraged to check their my.SMU account for immunization status. Immunizations are available at the Health Center. Health history forms are available on the Health Center's website ([www.smu.edu/healthcenter](http://www.smu.edu/healthcenter)).

**CLASS ABSENCE DUE TO ILLNESS.** The Health Center does not issue excuses from classes for illness. Please refer to the Health Center website ([www.smu.edu/healthcenter](http://www.smu.edu/healthcenter)) for Class Excuse Policy.

**NOTIFICATION OF PARENTS.** Parents or guardians are notified in case of life threatening illnesses. The Health Center staff may not speak to parents without the student's permission.

**HEALTH SERVICE RECORDS.** All student-patient health information is confidential. A copy of medical records may be released to a physician only with a written release by the student. Records are not made available to parents, SMU administrators, faculty, or staff without the student's written consent.

**OFFICE OF HEALTH EDUCATION AND PROMOTION.** This office serves as a resource for health information on campus. It promotes programs and activities that focus attention on health-related issues

affecting college students. Students can get involved with health education on campus through the Peer Advising Network. More information is available from the Health Center (telephone: 214-768-2393; website: [www.smu.edu/healthcenter/healtheducation](http://www.smu.edu/healthcenter/healtheducation)).

## **COUNSELING SERVICES**

**214-768-2277**

[www.smu.edu/StudentAffairs/HealthCenter/Counseling](http://www.smu.edu/StudentAffairs/HealthCenter/Counseling)

**ACCREDITATION.** The center is fully accredited by the International Association of Counseling Services (IACS).

**COUNSELING.** Staff psychologists and counselors provide a full range of counseling/clinical services. Personal, couples, group, crisis, and other types of counseling are available. Both individual and group counseling assist students in resolving personal conflicts, clarifying life goals, and improving communication skills.

**PSYCHIATRIC SERVICES.** Psychiatric evaluation, crisis intervention and individual therapy are provided. All interviews are conducted on a voluntary and confidential basis at no charge to students who have paid the health services fee. Any laboratory tests or pharmaceuticals ordered will be charged to the student.

**SUBSTANCE ABUSE COUNSELING.** Students are provided with a confidential source of help and information when confronted with alcohol or drug abuse or addiction issues. Assessments, interventions, referrals, and short-term counseling as well as ongoing support for recovering students are also available.

**CRISIS INTERVENTION.** Crisis intervention is provided during the work week for all students and after hours by on-call staff. Specialty after hours services are available for women and men dealing with any kind of gender-based harm or abuse, including sexual assault or rape, sexual harassment, domestic or relationship violence, battering and stalking. Call 214-768-2277.

**REFERRALS.** If the needs of the student exceed the resources of Counseling Services or if students prefer to seek service off campus, appropriate referrals are made to community professionals.

**COST OF SERVICES.** While counseling services are provided at no cost to students who have paid their health center fee during fall and spring semesters, a modest fee is charged for access to summer services.

**APPOINTMENTS.** Students may self-schedule a first time triage appointment by signing on to [studenthealth.smu.edu](http://studenthealth.smu.edu) and completing the required paperwork. When a student comes for a first time appointment, a Counseling Services clinician will meet individually with the student to review paperwork and discuss the counseling services offered, as well as options in the community.

Triage hours: Monday-Friday 1:00PM-3:00PM. Additional hours available upon request.

**If students are in crisis and need to be seen immediately, they should come to the center during office hours (M-F 8:30 a.m. - 5:00 p.m.) or call after hours 214-768-2277 to reach the clinician on call.**

**EDUCATION.** Counseling Services offers educational programming for classes, residential commons, fraternities and sororities, student groups and departments on issues affecting women's and men's lives, including awareness and prevention of eating disorders.

**TESTING SERVICES:** Testing available to SMU students include:

- On-campus administration of national testing programs such as the SAT, LSAT, and GRE subjects. Other testing offered includes the CLEP test and correspondence examinations for other universities. For additional information call 214-768-2269.

**CONFIDENTIALITY OF RECORDS.** Confidentiality and privacy of student records are guaranteed to the full extent of the law and by a professional code of ethics. In general, confidentiality is assured, and all disclosures will be made only with the written consent of the individual, except in instances where the

person may be a danger to him/herself or others, where child or elder abuse is reported or suspected, in lawsuits affecting a parent/child relationship, or court orders.

## OFFICE OF THE CHAPLIN AND RELIGIOUS LIFE

**214-768-4502**

**316 Hughes-Trigg Student Center**

**Mailing Address: PO Box 750282, Dallas TX 75275-0282**

[www.smu.edu/chaplain](http://www.smu.edu/chaplain)

## MISSION

■ To offer resources of pastoral care and theological reflection that nurture the spiritual maturity, moral and ethical vision and character of students, faculty and staff.

## STAFF

Chaplain to the University, Associate Chaplain, Assistant Chaplain, Administrative Assistant, Intern, and multiple Residential Community Chaplains (RCC's).

## WHAT WE OFFER

- "Underground" - A vibrant, weekly gathering of students, faculty and staff for praise, prayer and encouragement in the Christian tradition. Wednesdays at noon.
- Sunday morning worship services on the first Sunday of fall term
- Faith and Learning Scholars - Qualified students of all faith traditions will have the opportunity to integrate their studies and faith through community engagement, reading and reflection and small group interaction with faculty mentors.
- Civil Rights Pilgrimage - Our partnership with Dedman College affords students the opportunity to study the Civil Rights Movement and experience that part of history firsthand on a Spring Break pilgrimage throughout the South.
- Counseling - free and confidential counseling and spiritual guidance.
- Residential Community Chaplains - In collaboration with Residence Life and Student Housing, an RCC (a seminary student) is placed in each Residential Commons to provide support, guidance and a compassionate presence to the Residential Commons community.
- Religious Life on campus - We advise and coordinate 29 Religious Life groups (listed below) whereby students can connect with others that share their faith or explore different faith traditions.

## CAMPUS MINISTRY COUNCIL-AFFILIATED AND UNIVERSITY-RECOGNIZED GROUPS

### CHRISTIAN

#### *Assemblies of God*

- Chi Alpha Christian Fellowship

#### *Baptist*

- The Hill

#### *Catholic*

- SMU Catholic

#### *Church of Christ*

- Preston Road Church of Christ (Mustangs for Christ)

#### *Episcopal*

- Canterbury Episcopal @ SMU

#### *Methodist*

- Highland Park United Methodist Church

- SMU Wesley
- Union Coffee

#### *Non-Denominational*

- Antioch College Ministry
- Christian Students
- Cru
- Fellowship of Christian Athletes
- Graduate Christian Fellowship
- International Student Fellowship
- InterVarsity Christian Fellowship
- K-Life
- PULSE (Trinity Dallas)
- Shoreline Dallas
- Student Mobilization (StuMo)
- Watermark College Ministry
- Young Life

#### *Orthodox*

- Orthodox Christian Fellowship

#### *Presbyterian*

- Reformed University Fellowship (RUF)

#### *Religious Greek*

- Beta Upsilon Chi (BYX)
- Sigma Phi Lambda (Phi Lamb)

#### **HINDU**

- Bhakti Yoga Club

#### **ISLAM**

- Muslim Students Association

#### **JUDAISM**

- SMU Hillel SIKH
- Sikh Student Association

#### **SUM BARNES & NOBLE BOOKSTORE**

**214-768-2435**

**Fax 214-768-3350**

**3060 Mockingbird Lane Dallas, Texas 75205**

**smu.bkstore.com**

#### **MISSION**

- 
- To provide all essential reading, reference, laboratory, and classroom materials necessary to support learning, teaching, and research at SMU.
  - To provide other convenient and necessary items to support the residence life and culture of the University.

#### **SELECTED SERVICES**

---

**RENT TEXTBOOKS AND SAVE.** Rent textbooks and save up to 50% of the cost of a new textbook. A majority of titles are available for rental.

**NEW AND USED TEXTBOOKS, ETC.** The Bookstore carries a complete line of titles that SMU faculty members require for current term courses.

**GENERAL BOOKS.** A variety of general reading books, including literature, reference books, foreign language dictionaries, books in all academic disciplines. Special orders can be placed for titles not currently in inventory.

**SCHOOL SUPPLIES AND MORE.** The Bookstore carries a full line of office and school supplies, many imprinted with the SMU insignia. The Bookstore also stocks Residential Commons supplies.

**AUTHOR APPEARANCES.** The Bookstore sponsors author signings in the store and participates in special literary events on campus. A book section and signed copies of the SMU faculty's books are featured in the store.

**TEXTBOOK SELECTION AND PRICES.** The publisher determines the prices of books, and SMU faculty members decide the required books for a course.

**RENTAL RETURNS.** You may return rental textbooks with light writing and highlights, but they must be in saleable condition (no water or spine damage). Rental returns are due back to the store on the last day of finals. Failure to return rented books will result in a replacement fee. Selected Policies

**TEXTBOOK BUYBACK.** The best time for students to sell their used textbooks is during Finals Week. The bookstore buys books that will be used for the next term.

**PAYMENT POLICY.** Students may pay for books by cash, credit card (MasterCard, Visa, Discover, and American Express), Pony card and student direct charge.

**REFUND POLICY.** The bookstore gladly replaces any defective books or merchandise. Textbooks must be returned within the first week after classes begin; the exact date is posted in the bookstore each term. Books must be in the same condition as when purchased. Students must present their cash register receipts and original form of payment to receive a refund.

## DINING SERVICES

**Administrative Office: 214-768-2367**

**Fax: 214-768-2366**

**3300 Dyer Street, Dallas TX 75206**

**Umphrey Lee Center, Suite 101**

**[www.smudining.com](http://www.smudining.com)**

**E-mail [dining@smu.edu](mailto:dining@smu.edu)**

**Follow us on Social Media : [FB.com/smudining](https://www.facebook.com/smudining) • [@smudining](https://www.instagram.com/smudining) • [Twitter @smudining](https://twitter.com/smudining)**

## MISSION

SMU Dining Services supports the academic mission of the University to build community among the students, faculty and staff by providing high quality food service that is nationally recognized for its innovation, healthy options and award-winning chefs.

## MEAL PLANS

As part of the living-learning experience, all resident students are required to have a dining plan membership. Several options are available, depending on a student's classification.

- The Works is the required plan for all first and second year residential students.
- Residential students who are third-year and above may choose from plans: The Works or Block 150.
- Residential students who are seniors may choose from all plans: The Works, Block 150 or Senior Block 50.
- Commuter students may purchase any meal plan.

Meal plans automatically renew for the spring semester. In order for a plan to be included in the University billing statement, students must confirm their dining plan selection during the online

registration process for Housing application. If students are not living on campus, they may purchase a dining meal plan through the Parking and ID Card Services Office.

## **MEAL PLANS**

---

### **First and Second Year Plan**

#### **■ THE WORKS**

- 7 day access into Arnold Dining Commons and Umphrey Lee
- Three flex add-on options, available to use at any SMU retail location and convenience store
- 10 guest passes per semester

### **3rd Year Plans**

#### **■ THE WORKS**

- 7 day access into Arnold Dining Commons and Umphrey Lee
- Three flex add-on options, available to use at any SMU retail location and convenience store
- 10 guest passes per semester

#### **■ BLOCK 150**

- 150 meals per semester at Arnold Dining Commons and Umphrey Lee
- Three flex add-on options, available to use at any SMU retail location and convenience store
- 10 guest passes per semester

### **Senior Plans\***

#### **■ THE WORKS**

- 7 day access into Arnold Dining Commons and Umphrey Lee
- Three flex add-on options, available to use at any SMU retail location and convenience store
- 10 guest passes per semester

#### **■ BLOCK 150**

- 150 meals per semester at Arnold Dining Commons and Umphrey Lee
- Three flex add-on options, available to use at any SMU retail location and convenience store
- 10 guest passes per semester

#### **■ SENIOR PLAN**

- 50 meals per semester at Arnold Dining Commons and Umphrey Lee
- Three flex add-on options, available to use at any SMU retail location and convenience store

#### **\*Additional Add-On Flex Options**

Additional 500 Flex for \$440 (\$60 free flex!)

Additional 300 Flex for \$270 (\$30 free flex)

Additional 200 Flex for \$200

#### **\*Senior status according to University guidelines**

*Sales tax is included on the residential restaurant access (board portion) of the meal plans.*

*Meal plans are non-transferable and are for the sole use of the student to whom issued.*

**RESIDENTIAL ACCESS.** With just a swipe of your ID card, meal plans with 7-day access and block meals allow a student to eat at either residential restaurants on campus: Lee, located in Umphrey Lee Center at the center of campus, and Arnold Dining Commons, located near the Dedman Recreation Center.

**FLEX DOLLARS.** Flex Dollars are accepted like cash at all SMU Dining Services locations. Flex Dollars work on the same principle as a debit card. Flex Dollar purchases are taxed at the point of sale and the



total amount is subtracted from your Flex Dollars account. You may purchase Flex Dollars at any time throughout the school year. For the greatest discount, we recommend students take advantage of the add-on Flex Option of \$500 to get \$60 in free flex!

**ALTERNATIVES TO REGULAR SERVICE HOURS.** If a student has class or work that conflicts with the dining room service hours, sack meal dining options are available. The student must contact the dining room manager at least 24 hours in advance to make arrangements. All hours of operation are posted in each location or on the web at [www.smudining.com](http://www.smudining.com).

**NUTRITIONAL COUNSELING.** Students may consult the SMU Dining Services Registered Dietitian for special dietary needs and concerns. Appointments may be made by calling 214- 768-4349 or by e-mailing [dietitian@smu.edu](mailto:dietitian@smu.edu).

**CAN STUDENTS CHANGE THEIR DINING MEMBERSHIP?** Students may change their dining membership according to their status between semesters by selecting their desired new plan via online registration. In addition, one change is allowed after the semester begins before the last day of add/drop by contacting the Parking and ID Card Services office at 214-768-7669 or by selecting the “Meal Plan Change Request Form” on their website.

**WHAT SHOULD STUDENTS DO IF THEY LOSE THEIR CARD?** Immediately notify the Parking and ID Card Services office at 214-768-7669. A stop will be placed on the lost card and you will need to obtain a new card.

**DO DINING ENTRIES OR FLEX DOLLARS CARRY OVER FROM ONE SEMESTER TO THE NEXT?** Flex Dollars carry over from summer to fall and then to the spring semester. Dining meals do not carry over.

#### **DINING LOCATIONS.**

With twelve retail locations around campus, there are plenty of places to use your Flex Dollars including Starbucks, Chick-fil-A, Subway and Einstein Bros. Bagels! The Market has all of your convenience items, from snacks to toiletries. Sushic serves fresh, made-to-order sushi, and The Wedge serves freshly prepared salads. Here is the complete list of campus dining locations:

Lee - Umphrey Lee Center

Arnold - Arnold Dining Commons

Mac's Place - McElvaney Hall

Starbucks - Dedman Center

Starbucks – Fondren Library

\*Coming Soon

Fall 2016! Café 100 (We Proudly Serve Starbucks) - Hughes-Trigg main floor

The Market - Hughes-Trigg main floor

Sushic - Hughes-Trigg Market

The Wedge - Hughes-Trigg Market

Chick-fil-A - Hughes-Trigg lower level

Subway - Hughes-Trigg lower level

Campisi's - Hughes-Trigg lower level

Einstein Bros. Bagels - Fincher Building

P.O.D. Express - Meadows School

Lawyers Inn – Carr Collins Hall at the Law School Quad

For more details on all locations and pricing, please visit [www.smudining.com](http://www.smudining.com). Stay social with SMU Dining for the most up-to-date information including hours by following us on Facebook, Twitter, and Instagram @smudining.