Robert C. Berg,
Adjunct Professor of Counseling

HDCN 6391 Personal Growth Laboratory

**Southern Methodist University**

May Term 2013

This course is designed to facilitate the personal growth of voluntary graduate students. Within a small group setting, content will grow out of the immediate concerns of the group members. In a mutually supportive atmosphere, members will be encouraged to realistically assess their personal intellectual, physical and emotional dimensions; to set personal goals and to create workable courses of action.

This group will meet once or twice weekly* for 2-hour sessions, (10:00 – 12:00 A.M.) every Wednesday and two Mondays over the duration of the May term. There will be one follow-up session scheduled by the group in early August 2013. Enrollment will be for 3 graduate hours. Since the SMU graduate program does not have a Pass/Fail option, all students who enroll in this course and successfully complete the experience will receive a grade of A.

Enrollment is limited to 10 persons with the **consent of the instructor**. A pre-enrollment personal interview is required. Anyone who has completed HDCN 6303 or a comparable entry level group counseling course is eligible for membership.

Please leave your name, address and phone number with Dr. Berg (rberg@smu.edu) as soon as you decide that you are interested.

**Schedule of sessions**: April 10 (W); April 17 (W); April 22 (M); April 24 (W); May 1 (W); May 8 (W); May 15 (W); May 20 (M); May 22 (W); May 29 (W); June 5 (W); June 12 (W).