**First Year**
Written Assignment
Perkins Course of Study School 2014

# (113) PASTORAL CARE FOR SPIRITUAL FORMATION

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**Textbooks:**

***A Primer in Pastoral Care*** by Jeanne Stevenson-Moessner, ISBN 978-0-8006-3760-6
***Creating a Healthier Church*** by Ronald W. Richardson, ISBN #0800629558

**Pre-Class Assignments:**

Answer the following, after reading the book A Primer in Pastoral Care.

1.) What specifically have **you** learned about pastoral care from your reading?
2.) How does pastoral care and spiritual formation connect?
3.) What is the biblical and theological foundation for pastoral care?
4.) What have you learned about the three loves: love of God, neighbor, and self?

Answer the following questions, after reading the book Creating a Healthier Church:

1. a) What is anxiety?
   b) What contributes to the increase of anxiety?
   c) How does anxiety affect relationships? (Give examples)

2. a) What is the concept of triangles?
   b) How do they interlock?
   c) What effect do they have on our ability to offer pastoral care?

3. Integrate your reading of Stevenson-Moessner and Richardson by answering the following questions.

   What concepts from these authors help you in your spiritual formation and your congregations?
   How does Stevenson-Moessner's and Richardson's understanding of self discovery deepen spiritual growth?



**IMPORTANT INFORMATION**
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The completed pre-class work for courses 111-114 must be brought to Course of Study School and submitted to the respective instructors at the first class meeting. **Students taking courses 111-114 who**

**are unable to submit pre-class work on the first day of classes should contact the Course of Study School office to cancel course(s).**.

Each assignment should be typed, double-spaced, or legibly handwritten, with pagination numbers, and be accompanied by a completed cover sheet (Form C). A copy of the cover sheet, can be photocopied, can be found in the Course of Study Catalogue.

**Students should keep and bring a hard copy of each assignment to class.**

In addition, students should include a one-page autobiography for *each* instructor.

Guidelines for writing pre-class assignments and information on academic dishonesty are provided in the Course of Study catalog, available on the website. Students are expected to understand what constitutes plagiarism. Students who are found to plagiarize are subject to grading penalties, which may include dismissal from the school.



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