Campus Resources

Office of Psychological Services for Women and Gender Issues
(Sexual Assault Counseling available 24/7)
214-768-4795

CAPS (Counseling & Psychiatric Services)
214-768-2277

Memorial Health Center
Medical Services 214-768-2141

Police Department
Emergency 911 or 214-768-3333
Non-Emergency 214-768-3388

Alcohol & Drug Abuse Prevention
214-768-4021

Office of Dean of Student Life
214-768-4564

Office of Institutional Access and Equity
(Title IX Coordinator) 214-768-3601

Office of the Chaplain 214-768-4502

Off Campus Resources

DARCC (Dallas Area Rape Crisis Center)
972-641-7273

Suicide & Crisis Prevention Hotline
214-828-1000

Contact Dallas 972-233-2233

Texas Health Presbyterian Hospital Dallas
Sexual Assault Program 214-345-6203

SMU | Student Affairs | Health Services

What To Do If You Are Sexually Assaulted

A Resource For SMU Students

MINIMIZING THE RISK OF SEXUAL ASSAULT:

Suggestions for SMU students

MAKE conscious decisions—
Set limits in the area of dating, alcohol and sex that are right for you.

MAKE smart decisions—
Recognize that while the use of alcohol lowers inhibition and SEEMS to make social situations better, it impairs your judgment and reduces your ability to make choices that are right for you.

RESPECT limits:
If someone gives you verbal or non-verbal messages that he/she doesn't want sex, don't persist. Take **NO** as **NO**!

If you are getting mixed signals,
TALK ABOUT IT.

Communicate clearly and make sure the message you send is the one you intend. If you mean yes, say so: if you mean 'NO', make it count.

RESOLVE to:
Drink only from unopened cans, bottles, or drinks that you've seen poured.
Never, NEVER leave your drink unattended.
Avoid punch or drinks from containers passed around.

REMEMBER THAT CONSENT IS NECESSARY
A sexual assault is being committed if you have sex with a person who is intoxicated, under the influence of drugs or unconscious and not able to either give consent or resist.

WHAT TO DO IF YOU ARE RAPED OR SEXUALLY ASSAULTED:

GO to a safe place and TELL someone:
A trusted friend, advisor or **for FREE CONFIDENTIAL** counseling and/or information about what to do call **214-768-4795**

REPORT the assault:
Call 911 to access the police in your area. If calling 911 from a campus phone, you will reach the SMU Police Department. Otherwise, to contact the SMU Police Department, call 214-768-3333 or use one of the blue light phones on campus. You may also contact the Dean of Student Life at 214-768-4564.

SEEK medical attention:
You could be injured, become pregnant or be exposed to STI's. In addition, a medical exam will preserve important evidence. **PLEASE DO NOT bathe or douche** until after your exam. Presbyterian and Parkland Memorial Hospitals are the only medical facilities that can conduct an exam that can be used as evidence. SMU Police can transport you to Presbyterian Hospital. If you are being transported by the Dallas Police Department, you may want to request to be taken to Presbyterian Hospital. The SMU Health Center offers emergency contraception pills, contraception counseling, testing and treatment of sexually transmitted infections as well as routine gynecological exams at a **reasonable cost.** Exams performed at the Health Center cannot be used as evidence.

OBTAIN Counseling:
You may have a trained counselor from SMU accompany you to the hospital (or meet you there) by calling **214-768-4795** or after 5:00 PM call the emergency number given in the voice mail message or a counselor is available at the hospital

Whatever you decide,
all counseling is Confidential.