

# ROBERT HAMPSON

## { CONTACT INFORMATION }

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Southern Methodist University  
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## { PERSONAL }

### **Born**

March 11, 1949 - Bethlehem, Pennsylvania

### **Married**

July 11, 1971 - Rebecca C. Hampson

### **Children**

Emily Hampson - Born September 12, 1977

Elizabeth Hampson Moore - Born May 5, 1980

## { EDUCATION }

### **1977: University of Virginia, Ph.D.**

*Major Area:* Clinical Child Psychology

*Minor Area:* Developmental-Pediatric Psychology

*Dissertation Title:* Helping Behavior in Children: Who are Those "Some of Them Some of the Time" Kids?

### **1975: University of Virginia, M.A. (Clinical)**

*Thesis Title:* Selecting and Training Foster Parents as Therapists: Community Care for Handicapped Children

### **1971: University of Virginia, B.A. (with Distinction)**

Echols Scholar

*Undergraduate Major:* Psychology

## { CLINICAL EXPERIENCE }

**1997-2004**   Research Coordinator, Family Studies Center

**1994-97**   Consulting Psychologist, Shelton School and Evaluation Center, Dallas, TX

**1979-94**   Research Director, Southwest Family Institute, Dallas, Texas

**1978-present**   Certified and Licensed Psychologist, Texas State Board of Examiners of Psychologists

**1977-99**   Clinical supervisor for master's-level students in Clinical and Counseling Psychology, Southern Methodist University

**1978-80** Supervisor for Foster Parent Training Program, Texas State Department of Human Resources

**1976-77** Psychology Intern, University of Virginia Student Counseling Center

**1975-76** Clinical Psychology Intern, Comprehensive Care for Children and Youth, Department of Pediatrics, University of Virginia

**1974-77** Project Director and Training Coordinator, Special Foster Care Program, Mental Retardation Services, Region IX and Region X, Virginia

**1974-75** Clinical Psychology Intern, Handicapped Children's Clinic, Children's Rehabilitation Center, Department of Pediatrics, University of Virginia

**1973-74** Clinical Psychology Intern, Mental Retardation Services, Region X Mental Health and Mental Retardation Services Board, Charlottesville, Virginia

#### { TEACHING EXPERIENCE }

**1983-2008** Associate Professor of Psychology, Southern Methodist University, Dallas, TX

**1977-1983** Assistant Professor of Psychology, Southern Methodist University, Dallas, TX

#### { ADMINISTRATIVE EXPERIENCE }

**2005-present** Member, Institutional Review Board (IRB: University)

**2002-present** Director of Graduate Studies Psychology Department, SMU (Ph.D. and M.A. program)

**2002-present** Member, Dean's Advisory Committee (Division II, Dedman College), Southern Methodist University

**1993-97** Undergraduate Council (University)

**1985-97** Member, President's Task Force on Students with Learning Disabilities, Southern Methodist University

**1982-88** Graduate Council, Southern Methodist University

**1980-82** Member, Dean's Advisory Committee (Division II, Dedman College), Southern Methodist University

**1979-97** Graduate Training Committee, Department of Psychology, Southern Methodist University

#### { GRANTS & AWARDS }

**2000-2004** Principal Investigator, Family Treatment of Adolescent Obesity (\$57,975), from Hogg Foundation for Mental Health.

**2000-2001** Principal Investigator, Evaluation of DIVERT Drug Court (*\$25,000*) for Evaluation contract, National Council of Drug Courts.

**2000-2001** Principal Investigator, Collaborative Adoption Project (CAP), State of Texas (*\$13,000*)

**2001, 2003** HOPE Award for teaching (Honoring Our Professors Excellence)

**2000** Outstanding Research Article of the Year Award, American Association of Marital and Family Therapy (\*)

**1998** Mortar Board Faculty Appreciation Award

**1998-00** Co-principal investigator, Hogg Foundation for Mental Health (*\$78,000*). Family Counseling for Head Start families

**1998-99** Principal investigator, Bank of America (*\$15,000*). Study of effectiveness of family therapy in Shared Housing Centers for Homeless.

**1996-97** Principal investigator, Texas Education Agency grant for assessing youth in Drug Treatment Programs (*\$18,378*)

**1986-90** Principal investigator and project co-director of grant from Texas Department of Mental Health and Mental Retardation for development and evaluation of therapeutic foster homes (*\$10,000.00*)

**1978-79** Principal Investigator for Title XX grant from Texas State Department of Human Resources, to train foster parents in parenting skills and evaluate effects of training (*\$34,000.00*)

**1975-76** Co-principal Investigator (with J.B. Tavormina) of Foundation for Child Development grant, to study the effectiveness of special foster care for handicapped children (*\$5,000.00*)

**1974-75** Principal Investigator and Project Director of National Science Foundation grant (GY-11537), to study the impact of special respite and therapeutic procedures in a camp for handicapped children (*\$11,060.00*)

#### **{ CONSULTING EDITORSHIPS }**

**2000-08** Journal of Consulting and Clinical Psychology

**1998-08** Personality and Social Psychology Bulletin

**2005-08** Journal of Family Therapy

**1980-97** Child Development

**1988-01** Journal of Family Psychology

**1985-97** Journal of Personality and Social Psychology

**1986-97** Merrill-Palmer Quarterly

#### { OTHER PROFESSIONAL ACTIVITIES }

**1990-94** Evaluation advisor, "School of the Future" Project, Hogg Foundation for Mental Health (Austin, Texas).

**1988** Co-Leader of People-to-People Citizen Ambassador Program Marriage and Family Therapy Delegation to China (with W.R. Beavers, M.D.)

**1987-97** Panel member, Conference of Southwest Foundations: Policy for the American family

**1986-97** Book reviewer, Journal of Clinical Child Psychology

**1981-97** Psychology Book Reviewer, The Free Press (Macmillan)

**1978-88** Grant Reviewer, Department of Health and Human Services (Children's Bureau)

**1979-97** Reviewer for the Program Committee for the Southwestern Society for Research in Human Development

#### { BOOK }

Beavers, W.R. and Hampson, R.B. (1990). Successful Families: Assessment and Intervention. New York: W.W. Norton.

#### { JOURNAL ARTICLES }

Tavormina, J.B., Hampson, R.B., & Luscomb, R.L. (1976). Participant evaluations of the effectiveness of their parent counseling groups. *Mental Retardation*, 14, 8-9.

Tavormina, J.B., Hampson, R.B., Grieger, R.L., & Tedesco, J. (1977). Examining foster care: A viable solution for placement of handicapped children? *American Journal of Community Psychology*, 5, 435-446.

Hampson, R.B., Tavormina, J.B., Naiman, R., & Kriendler, J. (1978). A special foster care program: Reimbursement considerations for parents and consultants. *Administration in Mental Health*, 6, 147-153.

Hampson, R.B., & Tavormina, J.B. (1980). Relative effectiveness of behavioral and reflective group training with foster mothers. *Journal of Consulting and Clinical Psychology*, 48, 294-295.

Hampson, R.B., & Tavormina, J.B. (1980). Feedback from the experts: A study of foster mothers. *Social Work*, 25, 108-113.

Hampson, R.B. (1981). Helping behavior in children: Addressing the interaction of a person-situation model. *Developmental Review*, 1, 93-112.

Hampson, R.B., Schulte, M.A. & Ricks, C.C. (1983). Individual vs. group training for foster parents: Efficiency/effectiveness evaluations. *Family Relations*, 32, 191-201.

Hampson, R.B. (1984). Adolescent prosocial behavior: Peer group and situational factors associated with helping. *Journal of Personality and Social Psychology*, 46, 153-162.

Hampson, R.B. (1985). Foster parent training: Assessing its role in upgrading foster home care. In Cox, M. and Cox, R. (Eds.), *Foster Care: Current Issues and Practices* (Bush Institutes Series on Child and Family Policy, Vol. V), Ablex Press.

- Beavers, W.R., Hampson, R.B., & Hulgus, J.F. (1985). The Beavers systems approach to family assessment: A reply to Green, Kolvezon and Vosler. *Family Process*, 24, 398-405.
- Beavers, J., Hampson, R., Beavers, W.R., & Hulgus, Y. (1986). Coping in families with a retarded child. *Family Process*, 25, 365-378.
- Hampson, R.B., Hulgus, J.F., Beavers, J., & Beavers, W.R. (1986). Patterns of adaptation in families with a mentally retarded child. *American Journal of Marital and Family Therapy*.
- Hampson, R.B., & Beavers, W.R. (1986). Comparing males' and females' perspectives through family self-report. *Psychiatry*, 50, 24-30.
- Hampson, R.B. (1988). Special foster care for exceptional children: A review of programs and policies. *Children and Youth Services Review*, 10, 19-41.
- Hampson, R.B. (1987). (Book Review) *Journal of Clinical Child Psychology*. Review of Levant, R.F. (1984) *Family Therapy: A Comprehensive Overview*. Englewood Cliffs, N.J.: Prentice-Hall.
- Hampson, R.B., Beavers, W.R., & Hulgus, Y.F. (1988). Commentary: Comparing the Beavers and Circumplex Models of Family Functioning. *Family Process*, 27, 85-92.
- Hampson, R.B., Hulgus, Y.F., & Beavers, W.R. (1988). The assessment of competence in families with a retarded child. *Journal of Family Psychology*, 2, 32-53.
- Hampson, R.B. & Beavers, W.R. (1989). Families and family therapy in China: Update 1988. *Contemporary Family Therapy: An International Journal*, 11, 235-245.
- Hampson, R.B., Beavers, W.R., & Hulgus, Y.F. (1989). Insiders' and outsiders' views of family: The assessment of family competence and style. *Journal of Family Psychology*, 3, 118-136.
- Hampson, R.B., Beavers, W.R., & Hulgus, Y.F. (1990). Cross-ethnic family assessment: differences in interactional ratings. *Journal of Marital and Family Therapy*, 16, 307-319.
- Hampson, R.B., Beavers, W.R., & Hulgus, Y.F. (1991). Comparisons of self-report measures of the Beavers Systems Model and Olson's Circumplex Model. *Journal of Family Psychology*, 4 (3), 326-340.
- Pierce, J.A., Hampson, R.B., & Beavers, W.R. (1991). Intrafamily patterns of self-report. *Journal of Family Psychology*.
- Hampson, R.B., Stephens, J.J., & Sullivan, A.R. (1992). A model for dynamic change: The school of the future in Dallas. In Holzman, W.H. (Ed.), *School of the Future*. Washington, D.C.: American Psychological Association.
- Beavers, W.R., & Hampson, R.B. (1993). Measuring Family Competence: The Beavers Systems Model. In Walsh, F. (Ed.), *Normal Family Processes* (2nd ed.). New York: Guilford Press.
- Hampson, R.B., Hyman, T.L., & Beavers, W.R. (1994). Age-of-recall effects on family-of-origin ratings. *Journal of Marital and Family Therapy*, 20, 61-67.
- Hampson, R.B., & Beavers, W.R. (1996). Measuring family therapy outcome in a clinical setting: Families that do better or do worse in therapy. *Family Process*, 35, 347-361.
- Hampson, R.B., & Beavers, W.R. (1996). Family therapy and outcome: relationships between therapist and family styles. *Contemporary Family Therapy*, 18, 345-370.
- Hampson, R.B., Prince, C.C., & Beavers, W.R. (1999). Marital Therapy: Qualities of couples who fare better or worse in treatment. *Journal of Marital and Family Therapy*, 25, 411-424. (\*)

Beavers, W.R. and Hampson, R.B. (2001). The Beavers Model of Family Functioning. *Journal of Family Therapy*, 22, 19-33.

Turley, M.M., Hollweg, A.B., and Hampson, R.B., (2001). Dallas County DIVERT Court Outcome Evaluation. *National Drug Court Institute Review*, 3, 118-119.

Beavers, W.R. and Hampson, R.B. (2002). Measuring Family Competence: The Beavers Systems Model. In Walsh, F. (Ed.) *Normal Family Processes* (3rd Ed.). New York: Guilford Press.

Hampson, R.B. (2004) Observational assessment of couples and families. In Sperry, L. (Ed). *Assessment of Couples and Families: Contemporary and cutting edge strategies*. New York: Brunner-Routledge

Kitzman, H., Hampson, R.B., Hamilton, N. & Gunst, R. (2006). Family factors as a predictor of weight change in obese adolescent females. *Annals of Behavioral Medicine*, 31, (Supplement), S166.

*(\*) This article won the Research Article of the Year award from the American Association of Marital and Family Therapy (AAMFT)*

#### **{ PAPERS CURRENTLY SUBMITTED UNDER REVIEW }**

Hampson, R.B. and Hanks, C.O. Cross-Model, Cross-Method Comparisons in Family Assessment.

#### **{ CONVENTION PAPERS }**

Hampson, R.B. (1974). Therapeutic effects of a special summer camp experience on physically handicapped children. Presented at National Science Foundation (Student-Originated Studies) Reporting Convention, Washington, D.C.

Hampson, R.B. (1975). Therapeutic effects of a special summer camp on physically handicapped children and respite effects on their parents. Student-Originated Studies Abstract Reports. Washington, D.C.: National Science Foundation.

Tavormina, J.B., & Hampson, R.B. (1975). The parents' view: Problems and proposed solutions. Presented at American Association on Mental Deficiency Convention, Chicago.

Fry, C.L., & Hampson, R.B. (1976). Communication task difficulty as it influences speech modulation to noise in young children. Presented at the Society for Research in Child Development biannual convention, Nashville.

Hampson, R.B. (1976). Selection and screening criteria for prospective foster parents. Presented at Regional Meetings of the American Association on Mental Deficiency, Williamsburg, Virginia.

Hampson, R.B., & Tavormina, J.B. (1976). Criteria for the selection of foster parents for multi-problem children. Presented at Eastern Psychological Association Convention, New York.

Tavormina, J.B., & Hampson, R.B. (1976). Parameters of effective foster care for retarded children. Presented at American Association on Mental Deficiency meetings, Chicago.

Hampson, R.B., & Tavormina, J.B. (1977). Relative effectiveness of behavioral and reflective group counseling with foster parents. Presented at American Psychological Association Convention, San Francisco.

Hampson, R.B. (1978). Foster care alternatives: A new look at an old strategy. Symposium presented at American Psychological Association Convention, Toronto.

Hampson, R.B. (1978). Helping behavior in children: Much more than a single dimension. Presented at Southwest Society for Research in Human Development, Dallas.

Hampson, R.B. (1979, March). Peers, pathology and helping: Some kids are more helpful than others. Presented at Society for Research in Child Development, San Francisco, March 1979 (Also cited in ERIC).

Hampson, R.B. (1980). A special foster care program for retarded children: Treatment results. Presented at Southwest Society for Research in Human Development, Lawrence, Kansas.

Hampson, R.B. (1982, April). Effects of peer group acceptance on self-esteem at different ages. Presented at Southwestern Society for Research in Human Development, Galveston, Texas.

Hampson, R.B. (1981, October). The effects of "socialness" demand characteristics on prosocial behavior performance at different ages. Invited address, First Biennial Conference on Adolescent Research, Tucson, Arizona.

Hampson, R.B. (1983, August). Preparing foster parents for abused children. Symposium participant, American Psychological Association, Anaheim, California.

Hampson, R.B., Ames, L.R., & Allison, C. (1984, March). The measurement of social status among peers: Age trends in person-perception and popularity ratings. Paper presented at Southwest Society for Research in Human Development, Denver.

Hampson, R.B. Models of family assessment. (1986, March). Symposium chair, Southwest Society for Research in Human Development, San Antonio, Texas.

Hampson, R.B. (1987, May). Policy and issues for the study of the American family. Presented at the Conference of Southwest Foundations, Colorado Springs, Colorado.

Hampson, R.B. (1987, March). Research using the Beavers System Model. Invited participant, First Annual Conference on Family Assessment, Brown University/Butler Hospital.

Hampson, R.B. Insiders' and outsiders' views of family competence. (1988, October). Paper presented at American Association of Marriage and Family Therapy (AAMFT) Conference, New Orleans.

Hampson, R.B., & Hulgus, Y.F. (1988, March). Insider versus outsider perspectives in marital and family assessment. Paper presented at Southwest Society for Research in Human Development, New Orleans.

Hampson, R.B. (1989, June). Healthy families. Presented with W. Robert Beavers and Froma Walsh at American Family Therapy Association (AFTA) Conference, Colorado Springs.

Beavers, W.R., & Hampson, R.B. (1990, October). Family assessment and clinical utility. Presented at the American Association of Marital and Family Therapists (AAMFT) Conference, Washington, D.C.

Beavers, W.R., & Hampson, R.B. (1991, October). Successful families: Assessment and intervention. Workshop presented at American Association for Marriage and Family Therapy (AAMFT) Convention, Dallas, TX.

Beavers, W.R., & Hampson, R.B. (1992). Family and parent-child variables affecting school readiness and achievement. Commissioned paper, Department of Education, National Center for Education Statistics.

Henney, S.M., & Hampson, R.B. (1994, August). Social desirability effects on family self-report ratings. Presented at American Psychological Association Convention, Los Angeles.

Hampson, R.B., Beavers, W.R., & Hanks, C. (1995, November). Family assessment: Cross-model, cross-method comparisons. Dallas, Texas: Texas Psychological Association. 1996

Drigotas, S.M., Pacione, C.A., & Hampson, R.B. (1996, August). Relationship health?: An investment model prediction of relationship health as measured by individual and couple interaction relationship health measures. Paper presented at the 8th meeting of the International Conference on Personal Relationships, Banff, Canada.

Hampson, R.B. Effectiveness of Marital Therapy. Poster Session presented at the Texas Psychological Association Convention, Austin, Texas, November, 1997.

Nelson, J. & Hampson, R.B. Level of Self-Esteem in Relation to Learning Disabilities and Socioeconomic Status. Poster Session presented at the Texas Psychological Association Convention, Austin, Texas, November, 1997.

Gehbauer, T. & Hampson, R.B. Reading Disabilities: Subtypes and their predictors. Poster Session presented at the Texas Psychological Association Convention, Austin, Texas, November, 1997.

Hampson, R.B. Couples Therapy: Predictors of Outcome. Poster presented at American Association of Marital and Family Therapy (AAMFT) Conference, Dallas, October, 1998.

Dawson, C., Weatherby, A., & Hampson, R.B. Disparity vs non-disparity: Are these reading disabled children different? Presented at Learning Disabilities Association of Texas (LDAT) Conference, Austin, Texas, November, 1999.

Hampson, R.B. The Collaborative Adoption Project (CAP): Summary and recommendations. Presented at Texas Protective and Regulatory Services Meeting, Austin, Texas, September 2003.

Houston, R. and Hampson, R.B. (2004). The match of therapist and family style. Presented at Texas Association of Marital and Family Therapy conference, February 2005.

Hampson, R.B. (2006). Family and ethnic factors associated with obesity in adolescent females. Accepted at American Psychological Association annual conference, New Orleans, August 2006.

Hampson, R.B. (2006). Family vs. Psychoeducational intervention for obese girls. Presented at American Association for Marital and Family Therapy (AAMFT) annual conference, Austin, Texas, October 2006.

Kitzman-Ulrich, H., Hampson, R., Wilson, D.K., Preesnell, K., and Brown, A. (2008) The impact of a family intervention on body mass index and diet in overweight female adolescents. Presented at the annual Society of Behavioral Medicine conference, San Diego.

## { REFERENCES }

### **Ernest N. Jouriles, Professor and Chair**

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### **Jamie Pennebaker, Professor**

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### **Alan S. Brown, Professor**

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