HSP Expedition Tentative Itinerary and Logistics

Day 1: Pre-Departure Meeting
- Arrival by 6:00 PM to Outdoor Adventures Rental Shop located in the Dedman Center for Lifetime Sports (6000 Airline Rd, Dallas, TX 75275/214-768-9918) on the SMU campus.
- Dinner provided.
- Overnight accommodations on-campus provided.

Day 2: Depart for SMU In Taos campus
- Meals in transit not provided.
- Dinner provided.
- Primitive camping (tents).

Day 3: Acclimation / Training Day: SMU In Taos
- All meals provided.
- Primitive camping (tents).

Day 4: Trailhead-Backpacking Begins! Carson National Forest
- All meals provided.
- Primitive camping and backpacking.

Day 5: On the Trail: Carson National Forest
- All meals provided.
- Primitive camping and backpacking.

Day 6: On the Trail: Carson National Forest
- All meals provided.
- Primitive camping and backpacking.

Day 7: On the Trail: Carson National Forest
- All meals provided.
- Primitive camping and backpacking.

Day 8: End of Backpacking: Depart for SMU In Taos campus
- All meals provided.
- Primitive camping.

Day 9: Depart for SMU-Dallas campus
- Meals in transit not provided.
- Accommodations on campus can be arranged with advance notice.

Location:	Carson National Forest, NM (alternate site Sand Dunes National Preserve, CO)
Activity:	Backpacking, camping, and hiking.
Experience Level:	Beginner-Intermediate
Physical Exertion Level:	Moderate-Strenuous Physical Activity Level (pre-trip physical conditioning is highly recommended)
Non-Negotiable Rules:	Alcohol, illegal drugs, tobacco, behavior deemed physically/emotionally aggressive/harassing, or behavior deemed unsafe to the individual or jeopardizes the safety of the group, staff or property will not be tolerated. Violation may result in referral to SMU Community Conduct, additional monetary or other sanctions and/or termination of participation and removal from the activity at participant's personal expense.
Trip/Location Description:	Travel 12+ hours via passenger van from Dallas, 500 ft. above sea level, to Taos, NM, 6000 ft. above sea level. The majority of time on this trip will involve BACKPACKING, hiking from point A to B carrying all necessities in a backpack, through Carson National Forest at an elevation range of 6000 to 13000 ft. above sea level and up to 9 miles/day. Some hiking will be above tree line with steep ascents and descents. Beautiful scenery, majestic views and long periods on the trail can be expected. Temperatures can range from highs in the 70-80s F with lows possibly below freezing. Frozen precipitation and strong thunderstorms are common at this altitude and time of year. Groups will camp in tents for the duration of the trip with "modern" facilities available for only a few days of the trip. Individuals should be prepared to share a tent with 1, 2, or 3 members of the Expedition of the same gender. NOTE: Cellular reception will be unavailable during the backpacking portion of the trip and participants/families should not expect to be in communication at that time.
Content:	Modified version of the SMU Outdoor Adventures Trip Leader Training, National Outdoor Leadership School (NOLS), www.nols.edu, and Wilderness Education Association's (WEA) Outdoor Leadership curriculum, www.weainfo.org.
Risks/Hazards:	Risks and hazards are inherent with any and all outdoor recreational experience. These associated risks

	and hazards can be both within and outside of the staff and participant control. Risks include the possibility of lost or damaged personal property, injury or illness, and even fatality. Hazards related to these activities include but are not limited to transportation, exposure to environmental conditions, emotional/physical/psychological stress, and interaction with other people. Due to the location and terrain, immediate access to medical facilities may be time consuming and difficult. SMU Outdoor Adventures and Hilltop Scholars faculty/staff will make every possible effort to manage the risks within our control and properly respond to those risks beyond our control. NOTE: Students will be required to sign a behavioral contract as a condition of participation. Blatant disregard of HSP Expedition behavioral contract and/or policies will result in consequences. See Non-Negotiable Rules.
Staff:	The group will be accompanied by members of the Hilltop Scholars program and trained SMU Outdoor Adventures student and professional staff. SMU Outdoor Adventures student staff have completed a comprehensive training in backcountry living skills, wilderness travel, transportation, emergency procedures, risk management and leadership training and possess a minimum of Wilderness First Aid or higher wilderness medicine certification.
Meals:	Participants are responsible for their own meal purchases while in transit to and from the destination site. Meals while traveling are usually of the fast food variety. While in the backcountry, the group will be provided a variety of cooking ingredients suitable for the activity, duration, environmental conditions and nutritional requirements. Individuals should communicate dietary preferences/requirements upon acceptance on the Release of Liability and Consent for Emergency Medical Treatment form (included in the Acceptance Packet). We strive to meet all dietary preferences without compromising the nutritional welfare of the individual or group.
Requirements:	Ability to arrive at SMU prior to the starting date/time and depart SMU after the ending date. • Overnight accommodations for night prior are provided. If overnight accommodations are required upon return, please make advance arrangements with the HSP Expedition Administrative team member listed below. • Parking for personal vehicles during the Expedition is available at an additional charge. • Previous activity experience is not required. Participants will be responsible for personal conditioning and should be able to: • Hike or jog a distance of 5+ miles. • Carry a backpack up to 40 lbs. • Provide the adequate personal clothing and gear as indicated on the Personal Clothing/Gear list (included in the Acceptance Packet).
Questions:	If you have questions about the trip please contact the following: • Details about the trip and/or registration – David or Albert @ 214-768- 9918 • Information about travel to/from SMU and accommodations – John @ 214-768-5052 • General questions about the Hilltop Scholars Program – Diana @ 214-768-2956