

PSYCHOLOGY SUMMER CREDIT TAOS NEW MEXICO HEALTH PSYCHOLOGY — PSYC 3360

In this survey course you will examine the contributions of psychological research to the understanding, prevention, and treatment of a variety of health concerns. The course will emphasize a biopsychosocial model, which means we will study how the following factors influence health via:

- Biology
- Social and interpersonal
- Emotions
- Culture

The course uses an interdisciplinary in approach, the course combines group discussion, research, and outdoor field trips to Santa Fe and Taos's major sites.

The specific topics include: cultural perspectives of health

- Stress
- Coping
- Pain management
- Addictions
- Patient-physician relations
- Chronic illnesses such as Alzheimer's & diabetes





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