

Applying the "STAR" Method

The behavioral interview is the most common interviewing technique utilized by employers when screening candidates. Below is a handy outline to help you answer questions that require *concrete examples* when answering behavioral interview questions.

S/T – situation/task
A - action
R- result and takeaway
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Additional Tips:

- Come up with a few examples from previous work, leadership, or academic experiences
- Answers should always end with a result and what you took from the experience that will
 contribute to the position and organization
- Be upbeat and remember to smile ©
- Engage interviewer(s) by using eye contact

Example Questions:

- Tell me about a time when you had to work effectively in a team.
- Describe the biggest challenge that you had to overcome.
- In your opinion, what is your biggest accomplishment?